



Sonoma Online NA Business Meeting
MAY 29, 2022

Sonoma Online NA Business Meeting Attendees:

X = in attendance

| General Group Positions | | Name | Date Position Started |
|-------------------------|-----------|--------------|-----------------------|
| x | Treasurer | Kelly | 3/15/2020 |
| x | GSR | Chelie | 8/29/2021 |
| x | Secretary | Kelly (temp) | 8/29/2021 |

| Noon Meetings | | | | | | | | | |
|---------------|-----|--------|-----------------------|---------|-------------|-----------------------|------------|-----------|-----------------------|
| Secretary | | | | Co-Host | | | Literature | | |
| DAY | (X) | Name | Date position Started | (x) | Name | Date Position Started | (x) | Name | Date Position Started |
| MON | | | | | Jonathan C. | 6/14/2021 | | Byron | 9/27/2021 |
| TUE | | L.A | 9/21/2021 | | | | | Amy S | 11/9/2021 |
| WED | x | Vivan | 12/29/2021 | x | Gudelia | 12/29/2021 | x | Joseph | 5/25/2022 |
| THU | x | Erica | 9/21/2021 | x | Alan | 2/27/2022 | | | |
| FRI | x | Monica | 10/1/2021 | x | Jimmy B | 2/27/2022 | | | |
| SUN 10am | | | | x | Tracy L | 1/23/2022 | x | William E | 12/19/2021 |

| Secretary | | | | Co-Host | | | Literature | | |
|-----------|-----|-----------|-----------------------|---------|---------|-----------------------|------------|--------|-----------------------|
| DAY | (x) | Name | Date Position Started | (x) | Name | Date Position Started | (x) | Name | Date Position Started |
| MON | | Christina | 10-18-2021 | | BK | 10/18/2021 | x | Vivan | 12/1/2021 |
| TUE | x | Mike C | 8/25/2021 | x | Vivan | 10/5/2021 | | Steve | |
| WED | x | Mike D | 10/6/2021 | | Kathy R | 9/1/2021 | | Jasen | |
| THU | | Hana M | 12/9/2021 | | | | | Jasen | |
| FRI | x | William E | 3/4/2022 | | Dana G | 12/10/2021 | | Monica | 8/20/2021 |
| SAT | x | Mike D | 10/30/2021 | | BK | 11/20/2021 | | | |
| SUN | | Mendel | 2/20/2022 | | BK | 10/31/2021 | x | Mike D | 10/31/2021 |

Others in Attendance: Jeff

Treasurer Report:

| Treasures Report | |
|---|----------|
| Total in EB Bank Account (Sources Venmo & PayPal) | \$233.36 |
| Zoom fees to be paid for this period is \$44.97. Bank Fee of \$6.00 | \$50.97 |
| Other Expenses: | \$0.00 |
| Prudent Reserve | \$100.00 |
| Total available funds for contribution to Area | \$82.39 |
| Motion to contribute available funds to SCFNA (Y/N) | Yes |

GSR Report:

See Report online at: <https://sonomaonlinena.org/service/service-meeting-notes>



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Group Discussion:

Old Business:

- **Contact List**

- Reminder, if you are a trusted servant and your info is not listed on the Contact List, please email it to sonomaonlinena@gmail.com

New Business:

- **7th Tradition Donation to Area:**

The Area table shows that we donated \$200 but we donated, \$274.07. Not sure why there is a discrepancy here in the ASC records. Have emailed the ASC Treasurer with this information to correct the records.

SCFNA Contributions and Other Receipts
2022

| MEETING NAME | JAN | FEB | MAR | APR | MAY | JUNE | JUL | AUG | SEP | OCT | NOV | DEC | 2022 TOTAL YTD |
|--------------------------------|-------|--------|-----|--------|-----|------|-----|-----|-----|-----|-----|-----|----------------|
| BIWED/DAILY | | | | | | | | | | | | | |
| SONOMA COUNTY ONLINE GROUP (2) | 87.01 | 322.65 | - | 200.00 | - | - | - | - | - | - | - | - | \$ 609.66 |
| 12 pm Santa Rosa Nooners M-F | - | - | - | 180.00 | - | - | - | - | - | - | - | - | 180.00 |

| | | | |
|------------|---|---|------------------|
| 01/09/2022 |  | Online Meeting paid Sonoma County Fellowship Narcotics Anonymous 7th tradition Sonoma Online NA | -\$87.01 |
| 02/15/2022 |  | Online Meeting paid Sonoma County Fellowship Narcotics Anonymous Sonoma Online NA 7th trad | -\$322.65 |
| 05/01/2022 |  | Online Meeting paid Sonoma County Fellowship Narcotics Anonymous Sonoma Online 7th Trad | -\$274.07 |

- **Have members that have been cross-talking & discouraging other members.**

- What can a secretary do if this happens?
 - Can interrupt and redirect the meeting back to the format
 - There is a pamphlet about disruptive and violent behavior.
 - If a meeting is going astray – you can call for a moment of silence and ask that we do the serenity prayer.

- **Group Inventory:**

Tabled until next month. Create as a google Form so that people can fill it out and we can revisit next month. Do a ranking of 1-5 and a fill-in the blank text field.

- Does your group make newcomers feel welcome? How or How Not?



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- Does your group keep in mind that the newcomer is the most important person at any meeting? In not, why not?
- Are all of your service commitments in your group filled by different people or are a couple of people doing it all?
- Do your trusted servants do each other's jobs?
- Do service members turn over their positions at regular intervals?
- When service positions are turned over are new servants properly trained by their predecessors?
- When service positions involve attending another meeting (i.e. Area Service Committee) is it presented in a spiritual light or ridiculed and made fun of?
- When the 7th tradition is collected is it properly explained to the group where the money goes and what it gets used for?
 - Is the money passed onto area after group expenses?
 - Is your meeting conducted in an atmosphere of unity?
 - Do members cross-talk? Do they respect whoever is sharing the time?
 - Is the message being listened to rather than the messenger?
 - Is the clear NA message being taught by example, or by enforcement?
 - Does your group support the Area that supports you? If not, what can be done differently?
 - Do members of the group support the Areas subcommittees and Area's functions?
 - Does your group try to maintain an "attitude of gratitude"?
 - How do you feel this meeting/group is doing as a whole?
- **Should we do Birthday Key Tags as part of the meeting? (YES)**
 - More encouraging for people to speak-up
 - Can keep it short
 - Might help newcomers
 - <https://sonomaonlinena.org/secretary/keytags>
 - Should we do at beginning or end? If at end then we would change the format?
 - Beginning of meeting (YES)
 - If people are acknowledged at beginning they are more likely to stick around.
 - If not at beginning the we mention it will be at end.
 - Have a lot going on at the end of the meeting already
 - Already have it in beginning
 - Might help newcomers
 - End of meeting
 - Cause that's what we normally do in live meetings



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- Do we do it every meeting or once a month?
 - Every meeting as part of format
- Add wording to say “in the last week”
 - Updated.
- Will we send physical key tags in the mail?
 - No