



Sonoma Online NA Business Meeting  
JUN 26, 2022

**Sonoma Online NA Business Meeting Attendees:**

*X = in attendance*

General Group Positions		Name	Date Position Started
x	Treasurer	Kelly	3/15/2020
x	GSR	Chelie	8/29/2021
x	Secretary	Kelly (temp)	8/29/2021

Noon Meetings									
Secretary				Co-Host			Literature		
DAY	(X)	Name	Date position Started	(x)	Name	Date Position Started	(x)	Name	Date Position Started
MON	x	Chelie	6-1-2022					Amy S	
TUE		Jason W	6-15-2022		Violet	6-16-2022		Amy S	11/9/2021
WED		Vivan	12/29/2021		Gudelia	12/29/2021		Joseph	5/25/2022
THU		Erica	9/21/2021		Alan	2/27/2022			
FRI		Monica	10/1/2021	x	Jimmy B	2/27/2022			
SUN 10am				x	Tracy L	1/23/2022			

Secretary				Co-Host			Literature		
DAY	(x)	Name	Date Position Started	(x)	Name	Date Position Started	(x)	Name	Date Position Started
MON		David R	6-21-2022		BK	10/18/2021		Steve	5/30/2022
TUE	x	Chelie	7-1-2022		Vivan	10/5/2021		Jason M	6/15/2022
WED		Vivan	4-1-2022	x	Dana G	5-15-2022		Jenny	4-1-2022
THU		Hana M	12/9/2021	x	Jimmy	2-1-2022			
FRI		William E	3/4/2022	x	Dana G	12/10/2021		Steve	5-15-2022
SAT	x	Mike D	10/30/2021						
SUN		Mendel	2/20/2022		BK	10/31/2021	x	Mike D	10/31/2021

**Others in Attendance: Jeff, Christina**

**Treasurer Report:**

Treasures Report	
Total in EB Bank Account (Sources Venmo & PayPal)	\$139.70
Zoom fees to be paid for this period is \$44.97. Bank Fee of \$6.00	\$50.97
Other Expenses:	\$0.00
Prudent Reserve	\$100.00
Total available funds for contribution to Area	(-\$11.27)
Motion to contribute available funds to SCFNA (Y/N)	NO

**GSR Report:**

See Report online at: <https://sonomaonlinena.org/service/service-meeting-notes>



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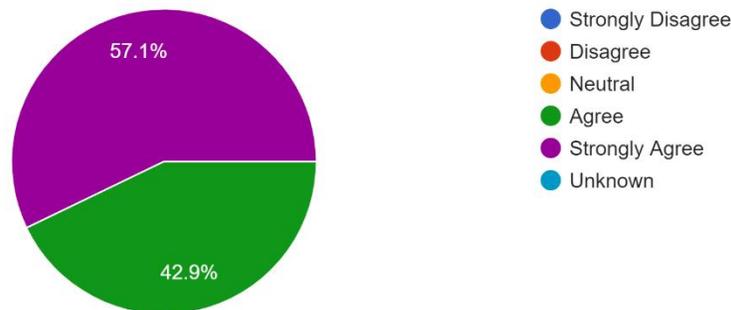
### Group Discussion:

#### Old Business:

- **Contact List**
  - Reminder, if you are a trusted servant and your info is not listed on the Contact List, please email it to [sonomaonlinena@gmail.com](mailto:sonomaonlinena@gmail.com)
- **Group Inventory Responses:**

The Sonoma Online NA group makes newcomers feel welcome?

7 responses



Please provide more details as to how the group is welcoming or unwelcoming to newcomers. 6 responses

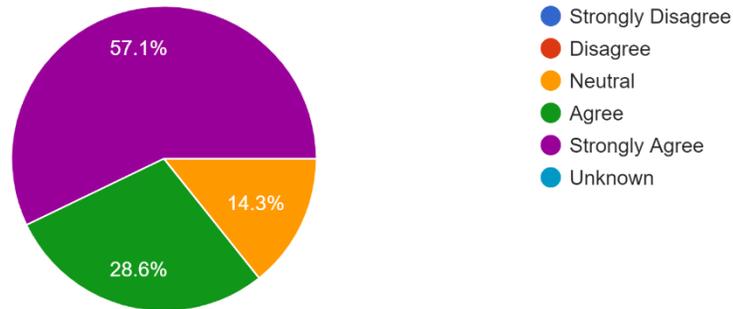
- Always welcome them by name and tell them our times and days of meetings and to keep coming back
- I feel welcome at all times
- Many members welcome newcomers. Numbers and support are offered. It is important for older members to remember (the newcomers) are new when they speak out of turn, ie saying sober or talk about smoking medical marijuana. This is something that should not be exploited passive aggressively at meeting level.
- Many group members say welcome to the newcomers at the beginning of their shares and if they stay for the after meeting socializing we try to make conversation with them right away, thank them for coming and encourage them to come back
- The format welcomes newcomers and gives them a chance to identify themselves. There are certain people who put their phone number in the chat on a regular basis for newcomers.
- We do welcome newcomers and members often stick around after or share numbers. I think we lack in proving more phone numbers, but since it's the internet maybe it's not the best idea??? Wonder if there is a way to better engage newcomers or reserve time in the meeting for only Newcomer shares? Maybe try to rope them into service more with the greater commitments.



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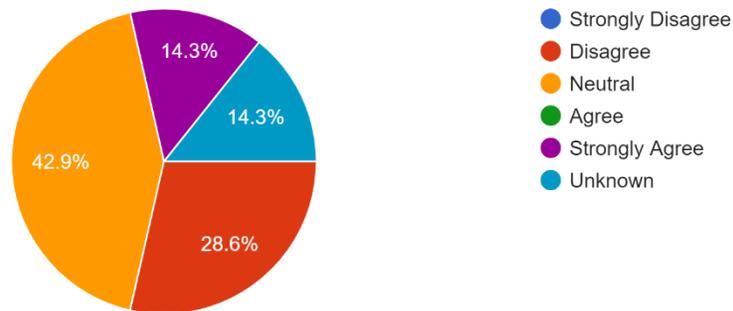
The Sonoma Online NA group keeps in mind that the newcomer is the most important person at any meeting.

7 responses



The service commitments for the Sonoma Online NA GROUP are filled by different people, not just a couple of people doing all of the service for th..., and the 10am Sun meeting on sonomaonlinena.org)

7 responses



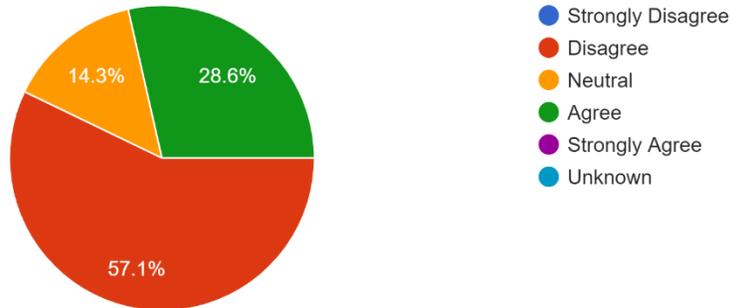
- **Nominate people- maybe that will help**



## Sonoma Online NA Business Meeting JUN 26, 2022

The Sonoma Online NA Group's trusted servants do NOT do each other's positions/duties. (e.g. Co-host does not secretary, Host does not do literature, etc.)

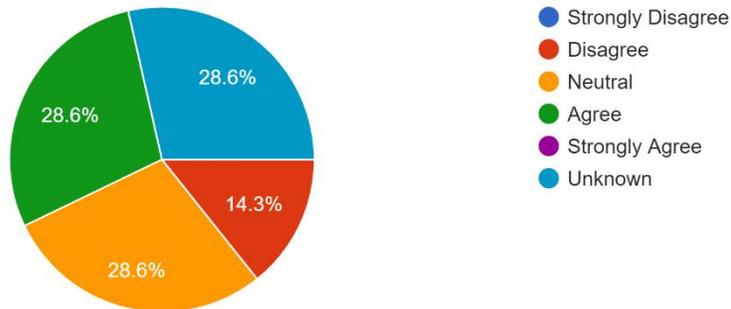
7 responses



**We see this as teamwork – not a bad thing. Be clear about delegating.**

The Sonoma Online NA Group's service members turn over their positions at regular intervals.

7 responses



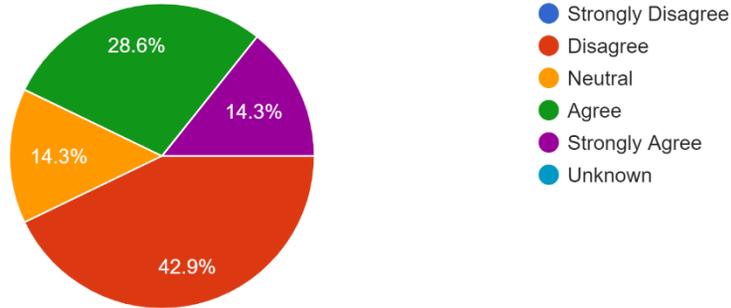
**We try to turn over our positions at regular intervals – but we need people to turn them over to.**



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When service positions are turned over, new servants are properly trained by their predecessors or another trusted servant.

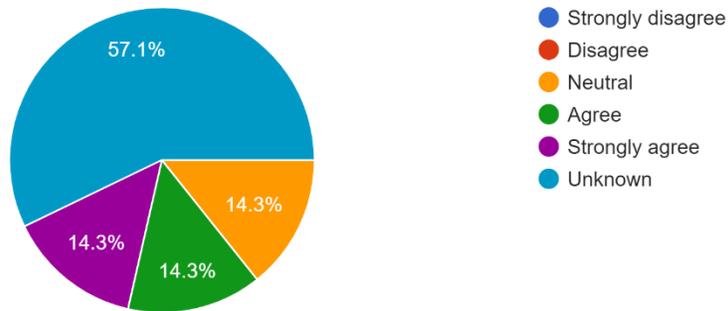
7 responses



- **We are getting better.**
- **Maybe train the co-host to know everything for the secretary**
- **Include login info and responsible for opening meeting.**

When service positions involve attending another meeting (i.e. Area Service Committee) is it presented in a spiritual light or ridiculed and made fun of?

7 responses



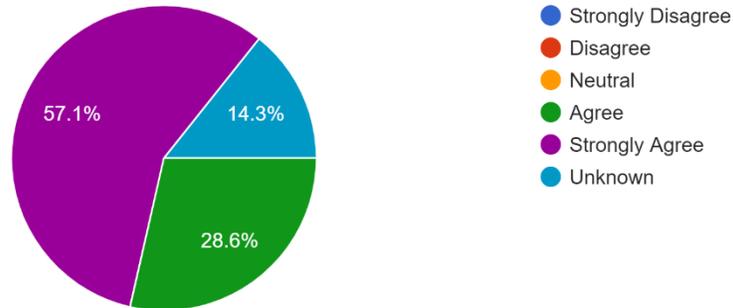
**This is to see how we are as a group. Are we inviting of members to business meeting? Do we run folks out or not make them feel welcome to the business meeting.**



## Sonoma Online NA Business Meeting JUN 26, 2022

The 7th tradition collection is properly explained to the group including where the money goes and what it gets used for.

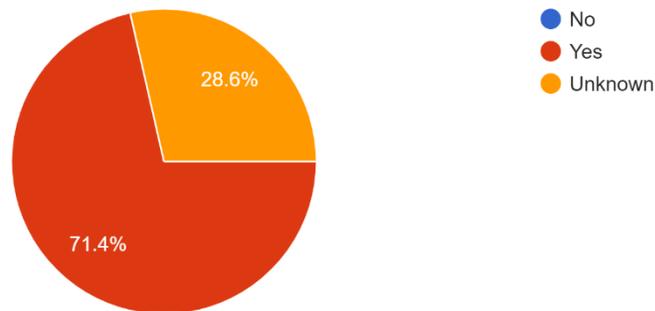
7 responses



**Maybe add something about how many meetings we support with the 7<sup>th</sup> tradition.**

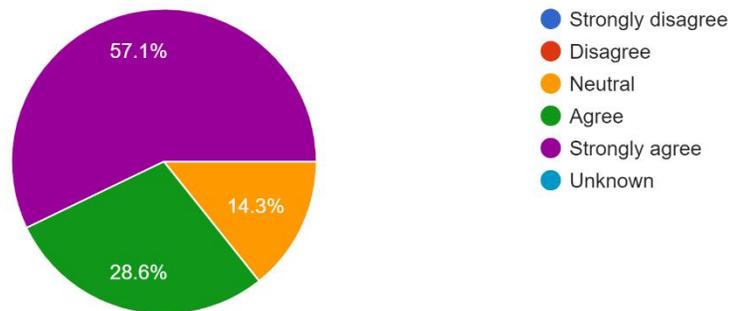
Is the 7th Tradition money passed onto area after group expenses?

7 responses



Sonoma Online NA meetings are conducted in an atmosphere of unity.

7 responses

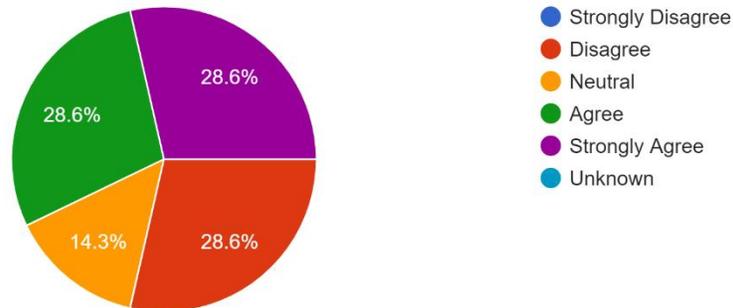




## Sonoma Online NA Business Meeting JUN 26, 2022

Members of the Sonoma Online NA meeting do NOT cross-talk during the meeting.

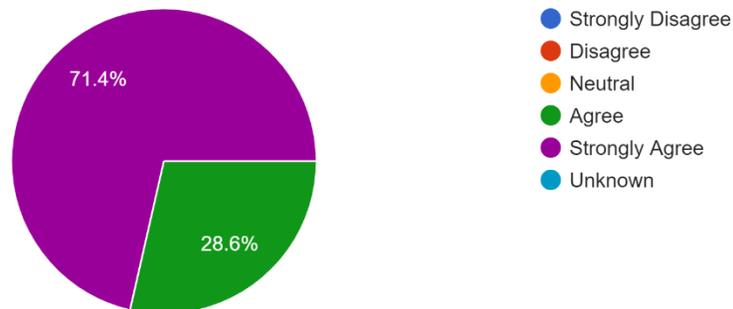
7 responses



- **How can we help reduce cross-talk. If you see someone extensively doing it let them know – or use chat.**
- **People in graduated from a program talking directly to people in the recovery house.**
- **Maybe add another sign about cross talk? Like a no cross talk sign??/**
- **Adjust our wording “to include something about after meeting socializing so they know we have that and wont feel the need to cross talk during the meeting.”**

Members of the Sonoma Online NA meeting respect whoever is sharing and share the time so other can share too.

7 responses

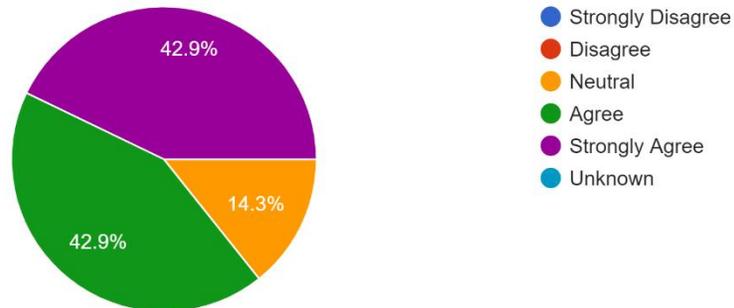




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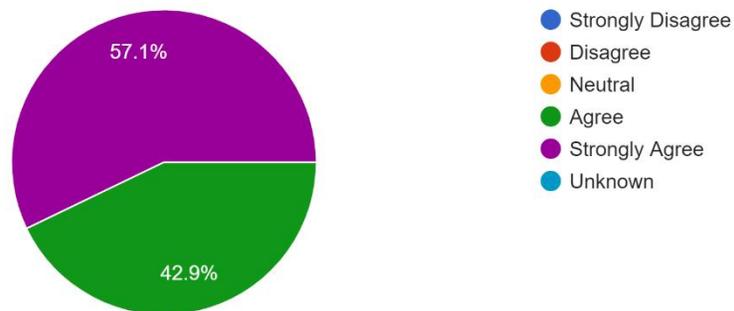
In our meetings the message being listened to rather than the messenger.

7 responses



A clear NA message being taught by example, NOT by enforcement?

7 responses

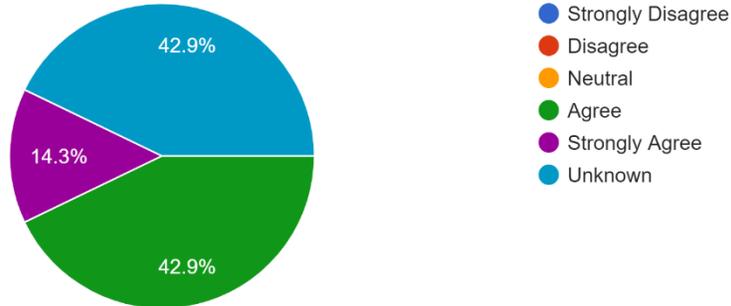




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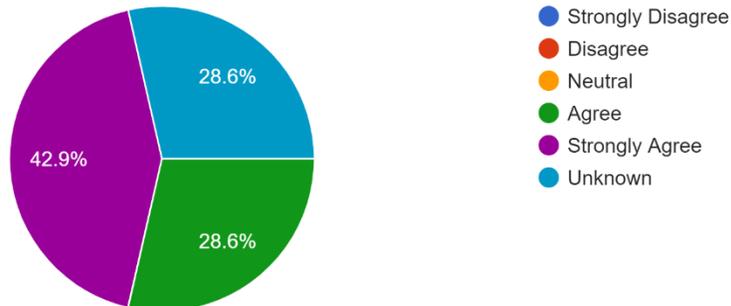
The Sonoma Online NA Group supports the Sonoma County Area. Members of the group support SCFNA subcommittees and functions.

7 responses



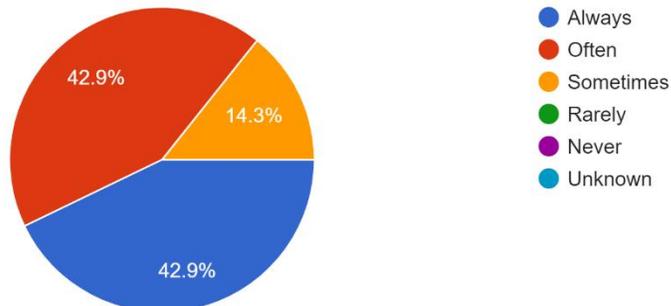
The Sonoma Online NA Group does a good job of connecting local members with other local meetings (in-person), recovery events, and the local fellowship.

7 responses



The Sonoma Online NA group maintains an “attitude of gratitude”.

7 responses





## Sonoma Online NA Business Meeting JUN 26, 2022

How do you feel this meeting/group is doing as a whole? What do we do well, where can we improve? 6 responses

- doing great
- All is great thank you for your service!!
- I believe the group is going well as a whole...we could use more people to step up & be of service to the rotating positions. Also, men stick with men & women with the women...phone numbers should not be put in the chat to everyone
- I think this group does great as a whole. Everyone in service does a great job making sure meetings run as smoothly as possible. Everyone is welcoming and friendly to newcomers and to anyone attending our meetings for the first time. Any decisions made at our business meetings are genuinely made by the group and not what one individual wants. The only thing I can think of to improve on is being able to have people rotate out of their commitments when its time. But I know how hard it is finding reliable people to take those commitments.
- I feel as though I haven't attended enough meetings to actually be able to answer these questions as accurately as I would like; however, I really, REALLY like the noon meeting and look forward to being involved in service.
- I really like the proof of attendance form

### **New Business:**

#### **Change to the Host Sign-In:**

- Zoom changed the security requiring multifactor authentication so we had some sign-in issues. To address this urgent issue we changed the settings on the meetings to:
  - Allow participants to join before the host (this way any person can join and then claim the host once they have joined) no longer need to login with the old userID and password.
  - Set a Host Code to be input for login.

### **Zoombombers:**

- Just a reminder they are getting smart and will ask to be made a co-host to help get rid of the bombers – so do NOT co-host anyone that you shouldn't co-host.

### **Meeting Format Organization:**

- What are the formats that each meeting is using
- Secretary needs to follow the format for the meeting that they are elected to

### **Literature Commitment:**



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- How much should they read

**Topics from Group Inventory:**

- **Phone Numbers – how do we help with this?**
  - Men/Men Women/Women
    - This was originally to avoid predators
  - Some people put number in chat for all. If someone uses the number inappropriately then we have to set a boundary. If your not ok setting a boundary then don't throw number out there???
  - Some people only sent numbers through chat to specific people using the drop-down. Some people don't know that they can send number through chat.
  - Some people send number to host to forward number off to them
  - Add language that we are opening the chat for people who are experienced members on NA to share their phone numbers. Please include who you want to share your number to. Maybe let them say men, women, non-binary.

**TABLED FOR NEXT MONTH:**

- **Do we want to create a phone list for this meeting?**
- **Do we want to reserve time just for newcomers to share?**
- **Write down the names of newcomers or put in chat and remember to re-welcome at end of meeting.**
- **What are our meeting formats for each meeting day/time?**