

SCFNA AREA SERVICE COMMITTEE AGENDA



Welcome to the ASC Meeting

Quorum: 35/57

Meeting Contribution: 16.95 Literature Order: Ø

CALL TO ORDER:

Serenity Prayer

- A. Read 12 Concepts of Service; Read 12 Traditions.
- B. Be sure to check your literature order before leaving.
- C. All literature orders are due by the 1st of the month.
- D. Please check your folders for schedules & mail.
- E. Please be sure and include contribution, date, day and time on all GSR reports (blue forms) to Secretary (put in black box). The minutes will reflect only what is included on the blue GSR Report form.
- F. All GSR's:
To expedite counting, please consider changing contribution to largest bills possible.
For receipt, place 2 completed slips in the contribution plastic bag, one will be returned to you after all counting is finished.

RECOVERY BIRTHDAYS Betsy 26 years, Ursula 38 yrs, Adam 20 yrs

GSR COORDINATOR REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

2 new GSR's

ROLL CALL:

NEWSLETTER REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) _____

RCM REPORT: (8 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes)

See Report, scan QR Code - Deaf members - we have a resource available to them

ACTIVITIES REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) Valentine's Day Dancer went great, not as many people. Have Secretary position open

NARCOTICS ANONYMOUS YOUTH COMMITTEE REPORT: (3 minutes) Please be respectful of the speaker.

Thank you for your courtesy. (Notes)

Tickets will be available at doors for Broomball. Skate Knight will be March 17th

UNITY DAY REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) March 11th Sponsor/Sponsee dinner

HOSPITALS AND INSTITUTIONS REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) See Flyers

PUBLIC RELATIONS REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) See Flyers

WOMEN'S BRUNCH: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) Finished guideline changes. Oct 22nd - the theme is Beautifully Rooted.



NCCNA REGISTRATION (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

Convention is April 6-9th - Please PR Register
Flyer for our Summer Training days: March 12 - 12-2pm
at RP Business office.

OFFICE LIAISON: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

AREA GUIDELINE AD HOC (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

Started mtg 2/5 - will meet at 3pm twice a month at the
business office. 1st & 3rd Sunday.

LITERATURE REPORT:

Total literature purchased from the Regional Service Office (RSO) this month: \$ 2,297.14
H & I Literature this Month: \$ 596.38
PR Literature this Month: \$ 0
Total literature sold at ASC this month: \$ 1,651.15

SECRETARY REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) passed January Minutes

ASST. SECRETARY REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy.

(Notes) position open

VICE- CHAIR REPORT: (3 minutes) Please be respectful of the speaker. Thank you for your courtesy

(Notes) Attended every sub committee except H&I

CHAIR REPORT: Please read minutes from last month's report.

(Notes) Attended every one except Women's Brunch

MEETING REPORTS

(Notes) Multicultural is having their potluck at the EOM. Last
Friday 2/8 @ 6:30 - Please bring a dish to share.

GROUP FORUM: (MAX 10 MINUTES) Topic:

(Notes) ~~PR~~ Tradition One - Impairative to our recovery
It's a use program.

TREASURER'S REPORT: (Use treasurer's handout to fill in the blanks with dollar figures that will be announced)

Old Business: Two nominations: Assistant Secretary and RCM II

PR Guidelines - Did not pass 3/16

New Business: Motion to have mtg once a month at Business office
for Tradition & 12 Concepts for a better understanding.

Close the meeting

A. Thank the coffee maker. Ask for a volunteer for next month.

B. Adjourn and close in the usual manner.

SCFNA AREA SERVICE MINUTES
January 2023



SCFNA: Sonoma County Fellowship of Narcotics Anonymous
 GSR: Group Service Representative; the representative from each SCFNA group to ASC
 ASC: Area Service Committee; comprised of representatives from all Sonoma County Groups and JAC
 JAC: Joint Administrative Committee; comprised of Chair, Vice-Chair, Treasurer, Asst. Treasurer, RCM, RCM2, Secretary, Asst. Secretary, Literature, Asst. Literature, and Sub Committee Reps.
 RCM: Regional Committee Member; a member voted from our area to represent Sonoma County at the Regional Committee meeting

Meeting called to order at 6:00 p.m. by Chair: Tom

Serenity Prayer, 12 Traditions, and 12 Concepts of Service were read.

Quorum: 35/58 (53 PRESENT)

Roll Call: Tom M.
 Group Reports: Tom M.

Recovery Birthdays: Tom M. Tim 16 yrs, Adrienne 6 yrs, Chris 6 yrs, Adam 2 yrs, Maryam 18 mos, Aaron 5 yrs, Gabe 16 yrs

AREA AND SUBCOMMITTEE REPORTS:

GSR Cord: Eric M. Present Orientated 3 new GSRs
 RCM: Dickson Present See report
 RCM II: open Open position
 Activities: Liz S. Present Feb 11th meeting 6-7pm followed by dance 7:30-11pm. Adults \$15, kids \$10 12 & under, ice cream \$1, choc, van, straw and topping. Hot dogs and pizza for sale.
 Alternate ?
 NAYC: Wilder Present Submitted two fliers for area approval: Beach meeting Jan 29th Sun 1:30 @ Schoolhouse beach. Broomball @ Snoopys Feb 25th 8pm. We are planning lots of events for this year including summer beach meetings and a chill cook-off speaker jam - lots of fun new things.
 Alternate: ?
 Unity Day: RJ Present Made annual contribution of \$6,097.03. Distributed sponsor/sponsee dinner event fliers and volunteer sign up sheets. Note: volunteer sign up sheets need to be back to consolidate at next area meeting. New feature on flier and vol sign up sheet - qr code, read by phone will take phone operator to secure website where volunteers can include permanent information that will be relayed to unity day volunteer coordinator.
 Alternate: ?
 H&I: Steven H. (Mike C alt) Present \$500 literature order. 6 new members. Muir Wood male and female facility, all positions are filled. Jail continuing to bring literature, PNC visits, juvenile hall, all positions are filled. Creekside, 5th Thursday of the month is open. Orenda Detox needs 1st Sunday at 6pm. Mt Vista Farms all positions filled.
 PR: Bryan Present No report received.
 Newsletter: Jennifer Present Collected March/April/May birthday lists. Submission deadline for new
 Women's Brunch: Erin M. Present Currently women's brunch is working on guideline changes. Positions are all filled.
 Office Liaison: Craig C Present Sub committee meeting at office. See service calendar for dates and times. NCCNA reg committee meeting at office.
 NCCNA Registration: Jennifer O. Present NCCNA service training day Sunday March 12th @ SCFNA office in RP. 30 volunteer slots left. Volunteers should expect a reminder email and reminder text
 Secretary: Gina W. Present Minutes passed from December
 Asst. Secretary: open Present
 Vice-Chair: Tania M. Present Attended all subcommittee meetings, provided updated budget as outgoing treasurer.
 Chair: Tom M. Present Attended some subcommittee meetings
 Literature: Rauchelle M. Present

| | |
|-------------------|------------|
| Literature RSO | \$1,463.55 |
| H&I Literature | \$500.00 |
| PR Literature | \$83.12 |
| Total Sold At ASC | \$876.90 |

Asst. Literature: Adrienne Present

Group Forum: Smoking at meetings and encouraging members to smoke away from the door and be considerate of other people.

Treasurer: Janet B. Present

| | |
|-------------------------|--------------|
| Recap: | |
| December ending balance | \$0.00 |
| January Receipts | \$8,826.70 |
| January Expenses | (\$2,700.72) |
| Balance | \$ 16,810.85 |
| Less Prudent Reserves | (7,850.00) |
| Less Other Encumbered | (500.00) |
| Balance-Donation to Reg | \$ 8,460.85 |

Black due to being a position

Asst. Treasurer: Lisa C. Present

Old Business: 2 open positions - Asst. Secretary and RCM II.

New Business:

| | Position | Person | Notes |
|--------------|---------------------|---------|---|
| Nominations: | RCM II | Mark S. | |
| | Assistant Secretary | Manny | |
| Elections | | | |
| Motions: | PR | Dickson | Motion #1 - replace PR guidelines in full from previous guidelines to make it easier to conduct business to align guidelines to current practices |
| | ASC | Gina | Motion #2 - to form an adhoc committee to review, update and format, as needed, the area service committee guidelines |

| MULTI MEETING GROUPS | | DONATION | COMMENTS |
|--|-----------------------------------|-----------------|--|
| City | Time | | |
| SANTA ROSA Nooner <i>Betsy</i> | 12:00 PM <i>Mon-Fri</i> | \$37.04 | Potluck last Friday of the month. |
| SONOMA ONLINE Sonoma Online <i>Chelie C</i> | Noon and 7pm Mon-Sun | \$19.27 | People from all over the world, come join us! Could always use new members to be of service. |
| COTATI 2PM Cristine | Mon-Fri 2pm | \$0.00 | No report |
| SANTA ROSA Rain or Shine Rouge C. | Sat & Sun @ 12p | \$0.00 | Meeting is going well. We give our literature to newcomers who do not have a book. |
| SANTA ROSA 11TH Step Meditation Meeting Ben | Mon & Fri 6pm | \$0.00 | Nothing to report |

| MONDAY | | DONATION | COMMENTS |
|--|----------------|-----------------|--|
| City | Time | | |
| SANTA ROSA <i>Newcomers</i> <i>Johanna L.</i> | 7:00PM | \$0.00 | Meeting going well. |
| PETALUMA Shelter From the Storm <i>Craig</i> | 7:00 PM | \$0.00 | Meeting needs support, we are barely hanging on. |
| SANTA ROSA <i>Nightlight</i> <i>Chris K.</i> | 8:15 PM | \$0.00 | literature order |

| TUESDAY | | DONATION | COMMENTS |
|---|----------------|-----------------|--|
| City | Time | | |
| SANTA ROSA Women First <i>Kimberly N.</i> | 6:00 PM | \$0.00 | nothing to report |
| SANTA ROSA Men's Night Out <i>John M.</i> | 6:00pm | \$0.00 | Nothing to report |
| COTATI What is there left to do <i>Felicia O.</i> | 7:00 PM | \$0.00 | nothing to report |
| SANTA ROSA LGBT & Friends <i>Adam D</i> | 7:00 PM | \$0.00 | Meeting doing well. New faces always welcome. Service positions available, including positions with no clean time requirement. |
| SEBASTOPOL <i>NA Thing is Possible</i> <i>Kevin G.</i> | 7:00 PM | \$100.00 | Nothing to report |
| SONOMA <i>Sonoma Online Newcomers</i> <i>Absent</i> | 7:30 PM | \$0.00 | Absent |
| SONOMA Newcomers Just for Today <i>Gabe L.</i> | 7:30 PM | \$100.00 | Weekly chips and cookies |

| | | | |
|---|----------------|---------------|--------------------------|
| CLOVERDALE <i>Back to Basics</i> | 7:30 PM | \$0.00 | Absent |
| SANTA ROSA <i>Primary Purpose</i> <i>Rick W.</i> | 8:00 PM | \$0.00 | Nothing to report |

| WEDNESDAY | DONATION | COMMENTS |
|--|-----------------|---|
| City | Time | |
| SANTA ROSA Basic Not Big | 6:30 PM | \$0.00 Absent |
| PETALUMA Sit Down and Shut up Matt D. | 7:00 PM | \$0.00 Nothing to report |
| ROHNERT PARK Will to Survive Tess W. | 7:00PM | \$0.00 All good! |
| SANTA ROSA Sweet Escape Erika R. | 7:30PM | \$0.00 Needing support & needing people to be of service |
| GUERNEVILLE <i>Secret Meeting</i> <i>Ursula</i> | 7:00PM | \$0.00 Nothing to report |
| WINDSOR Come as you are Keith | 8:00PM | \$0.00 8-20 average attendance, subcommittee revised preamble nearly at prudent reserve |
| SANTA ROSA Courage to Change | 8:00 PM | \$0.00 Absent |

| THURSDAY | DONATION | COMMENTS |
|---|-----------------|--|
| City | Time | |
| SANTA ROSA Message Not the Mess <i>Dallas</i> | 7:00 PM | \$0.00 Nothing to report |
| SANTA ROSA Primary Purpose Meeting <i>Michele J.</i> | 8:00 PM | \$0.00 nothing to report |
| SANTA ROSA Still Ill <i>Guy E.</i> | 8:00 PM | \$10.00 new meeting |
| SEBASTOPOL <i>Sleeping Tigers Online</i> <i>Absent</i> | 8:00 PM | \$0.00 Absent |

| FRIDAY | DONATION | COMMENTS |
|---|-----------------|--|
| City | Time | |
| SANTA ROSA Men's Friday Night Light <i>Jeffrey</i> | 6:30 PM | \$50.00 Nothing to report |
| PETALUMA Friday Night Action Maryam | 7:00 PM | \$100.00 Nothing to report |
| SANTA ROSA | 7:00 PM | \$25.00 Nothing to report |

Friday Night Fix-it
Justin M

SONOMA 7:00 PM \$505.00 Meeting doing good
We Do Recover
Larry

COTATI 7:00 PM \$20.00 Nothing to report
If you come at 8 you're late
Tim J.

CLOVERDALE 7:30 PM \$0.00 Nothing to report
What's Happening
Ross

SANTA ROSA 7:00PM \$0.00 Nothing to report
Multi-Cultural
Kelcie W.

GUERNEVILLE 8:00 PM \$0.00 Nothing to report
Welcome Home Group
Paul A

SANTA ROSA 8:00 PM \$75.00 Nothing to report
Friday Night in the park
Logan

SANTA ROSA 10:30PM \$0.00 Group loves the new junkie book
Black Friday
Chris B.

| SATURDAY | DONATION | COMMENTS |
|-----------------|-----------------|-----------------|
| City | Time | |

SANTA ROSA 9:00 AM \$0.00 Absent
Morning Miracle
Lee J

ONLINE 6:00 PM \$0.00 Absent
SOUNDS OF RECOVERY
Eric E

SANTA ROSA 7:00 PM \$0.00 All good
The We Meeting
Marcie

SONOMA 7:30 PM \$250.00 Manny is now secretary
Serenity Night Fever
Meagan G.

HEALDSBURG 8:00 PM \$0.00 Nothing to report
Young at Heart
John P.

SANTA ROSA 11:59 PM \$0.00 Absent
It's Never Too Late
Alix L

| SUNDAY | DONATION | COMMENTS |
|---------------|-----------------|-----------------|
| City | Time | |

SANTA ROSA 10:00 AM \$20.00 Nothing to report
Sunday Morning NA
Vivan

PETALUMA 10:00 AM \$100.00 all is well
I'm Clean Now What?

Chris B.

| | | | |
|--|----------------|----------------|----------------------------------|
| COTATI Back to Basics <i>Blake</i> | 6:00 PM | \$50.00 | nothing to report |
| SONOMA A Vision of Hope Erik with a K | 6:00 PM | \$0.00 | nothing to report |
| SANTA ROSA Sunday Night Solution <i>Christina</i> | 7:00 PM | \$46.00 | Growing meeting attendance, yay! |
| PETALUMA Look in the book <i>Jojo</i> | 7:00 PM | \$0.00 | absent |

SCFNA RCM CAR CAT LINKS as of 2023-0211

RCM List of NA 2023 CAR/CAT Links and Schedule



Date: Feb 11, 2023

RCM1: Dickson

RCM2: (position vacant, would you like to serve?)

ANY QUESTIONS: call Dickson 707-824-8700 or email at scfna-rcm1@ncrsc.org



NA Conference Agenda Report (CAR) & NA Conference Agenda Track (CAT)

The CONFERENCE AGENDA REPORT (CAR) and the CONFERENCE APPROVAL TRACK (CAT) are a compilation of **motions** that have been brought before Narcotics Anonymous at the world level. Just as we have motions and business meetings at group levels, area levels and regional levels we also have them at the world level.

Upcoming CAR/CAT Workshops

All workshops are hybrid, please attend in person or virtually!

Zoom ID: 871 3182 4344 Passcode: 2023WSC

Northern California Region NCR (In-person & Virtual)

- Sat 2/18/23 - 11AM-4PM Anderson Church of Christ, 3454 North St, Anderson
- Sat 3/4/23 - 11AM-4PM Robertson Community Center, 3525 Norwood Ave, Sac
- Sun 3/5/23 - 12PM-5PM Alex Rorabaugh Center, 1640 S State St, Ukiah
- Sun 3/12/23 - 1PM-6PM LUMC, 955 Moraga Rd., Lafayette
- Sat 3/18/23 - 11AM-4PM 1st United Methodist Church, 404 Lincoln Ave, Salinas
- Sat 3/25/23 - 12PM-4PM Faith Lutheran, 16548 Ferris Ave, Los Gatos
- Sun 4/2/23 - 1PM-5PM Polish Club 3040 22nd St. San Francisco

Missed any of the above Northern California Region workshops? Look there's more!

Worldwide: [CAR/CAT Workshops Hosted by Regions and Zones](#)

These Assembly Workshops can be attended in Hybrid/Virtual mode!

Proposed Changes to Your NA Fellowship (CAR/CAT).

Vote by April 1st to shape our regional conscience. Discuss and understand the 25 motions in the Conference Agenda Report before then. Regional vote is April 7, and World vote is May.

- a. [CAR Guideline Workshop](#) Ongoing docs for guideline updates
- b. [CAT/CAT 2023 Materials](#) Powerpoint presentations on the 25 motions
- c. <https://www.youtube.com/@NAVirtualOutreach>

SCFNA RCM CAR CAT LINKS as of 2023-0211

- d. [2023 CAR/CAT Workshop Flyers](#) Dates and locations for workshops explaining the motions within the CAR/CAT
- e. All things related to the [WSC 2023 \(30Apr-6May\) CAR](#) are on this page.
 - i. [2023 CAR](#) (196 page PDF)
 - ii. [CAR Tally Sheet](#) (10 pg PDF)
 - iii. [2023 CAR Survey](#)
 - iv. [CAR Videos and PowerPoints](#)
 - v. [Amendments and Seating Motions Form | PDF](#)
 - vi. [NAWS Regional Report Form](#)
Deadline: Feb 23, 2023
 - vii. [NAWS Important CAR/CAT Dates](#)
 - viii. NAWS has posted the CAR survey at www.na.org/survey. All members are encouraged to fill it out before 1 April 2023. Survey results help the conference prioritize the work ahead. If you have any questions about the CAR content, drop us a line: wb@na.org.
 - ix. [Seated/unseated Regions/Zones](#)
- f. Here is the previous [WSC 2020 26 April – 2 May CAR](#).
- g. NAWS News is now available to be viewed [online](#) helping you to keep up-to-date on CAR progress, and other activities pertaining to the NA Fellowship at large.



Conference Approval Track (CAT) material posted

The Conference Approval Track material has just been posted to www.na.org/conference. A Guide to World Services in NA (GWSNA) explains:

The Conference Approval Track contains a variety of material to be considered at the upcoming World Service Conference that was not included in the Conference Agenda Report. . . . Having a separate approval track from the CAR allows for materials intended for committees and boards, such as handbooks or service manuals, to be distributed directly to conference participants 90 days before the WSC, allowing time for delegates to workshop it in a manner that fits within their local community. Each local community can determine for itself how the material will be reviewed and how to direct their delegate. . . .

Items that typically are included in the CAT include the proposed NAWS Budget and project plans for the upcoming cycle, seating requests, and recommendations from the World Board, as well as other service- or WSC-related material.

There are twelve motions associated with the CAT material. The motion list is on page 4. If you are uncertain how your region approaches the CAT motions, ask your GSR to find out from the area meeting.

RCM REPORT TO SCFNA AREA 2023-0211



RCM Report to the Sonoma County Fellowship

Date: Feb 11, 2023

RCM1: Dickson

RCM2: (position vacant, would you like to serve?)

ANY QUESTIONS: call Dickson 707-824-8700 or email at scfna-rcm1@ncrsc.org



REGIONAL TOPICS OF INTEREST

Your GSR and RCM are available to assist with any concerns you may have for your NA Area, Regional, or World levels. Each member is important in guiding our fellowship, so speak up and make your voice heard as your expression and vote matters. Welcome to NA!

• Regional & World Events

- a. **NCCNA Pre-registration** : April 6-9, 2023 will be the convention in Sacramento. Pre-registration closes in March. Get your discounted rates on registration and hotel rooms now. As of Feb 11, 5pm: Hyatt only has 2 rooms left for Thursday and Friday. Sheraton is full on Thursday, but has rooms on Friday and Saturday. Remember to check hotels in the adjacent area.
- b. **SCFNA Events** : The SCFNA PR team posts **meetings** and **events** on the SCFNA website, printed schedules, and NA.org meetings, while the RCM updates NAWS and regional sites for **events**. The RCM needs help keeping events synchronized, and volunteers are welcome.

Remember to post your events on these multiple NA calendar websites!

- i. <https://intranet.ncrsc.org> > SUBMIT AN EVENT (NorCaINA Event Calendar)
 - ii. All regional NA events can be found <https://norcalna.org/calendar.php>
 - iii. **NA Instagram** at <https://www.instagram.com/narcoticsanonymous/>
 - iv. **NA Global Events** <https://www.instagram.com/naglobalevents/>
 - v. **NA Western States Zonal Forum (WSZF) Facebook Group:**
[WSZF FB Group Facebook](#)
- c. **NA 2023 CAR/CAT:** The CONFERENCE AGENDA REPORT (CAR) and the CONFERENCE APPROVAL TRACK (CAT) are a compilation of motions that have been brought before Narcotics Anonymous at the world level. Just as we have motions and business meetings at group levels, area levels and regional levels we also have them at the world level.

For a comprehensive list of information, workshops, powerpoint presentations, voting procedures, please use the following link:

[SCFNA RCM CAR CAT LINKS as of 2023-0211](#)

RCM REPORT TO SCFNA AREA 2023-0211

- **Deaf Sign Language** requested at Shasta with interpreters \$600/month. Interpreters were available at a meeting (EBN) with donations declining over time (unsustainable), about 10 years ago. If your group has deaf members, there are resources available and "Closed Caption" (CC) NA meetings. NAWS (NADG) website has ASL meeting links with daily meetings. Email neveralonedeafgroupna@gmail.com for more information about the group and its schedule.
- **ADA Compliance.**
- **GSR Attendance:** GSR attendance in some regional areas is problematic. Service System Project (SSP) option (proposed, but not adopted) is an alternative way of getting better involvement of NA groups. SCFNA could review the SSP and see if it could help provide service, especially during emergencies.
- **Digital Payment Platforms:** Areas throughout the region, e.g. SFANA, are going through the troubles of increasing 7th Tradition Contributions at their individual group levels. Many members aren't carrying cash any longer, but they do have Paypal, Venmo, Zelle, CashApp, etc. Issues are: group guidelines, fees of about 50 cents (plus 3%) on each transaction, and having non-profit EIN to avoid the tax consequences for using a personal account. SFANA agreed to switch to CashApp and Zelle (and check or cash) to accept contributions by Groups to Area. The Groups were given the information about the issues with Paypal and Venmo, but of course they are free to use whatever means they chose to accept Seventh Tradition in the meetings.
- **NA Virtual Outreach:** <https://www.youtube.com/@NAVirtualOutreach> gives you access to **many helpful NA videos** regarding such topics as H&I, PR, CAR/CAT,
- **Homeless Communities:** Regional H&I is looking at basic guidelines for homeless communities
- **RD/AD CAR/CAT Suggestions:** Should we submit an amendment to Motion #8: establish a timeframe ending, and Motion #11 to have the CAR also be released at the same time as the CAT since these are voted on at the same time. Amendment deadlines are April 1, 2023. CAT: WSC Seating

RCM REPORT TO SCFNA AREA 2023-0211

NCRSC FEB 2023 AGENDA | Motions | Real-Time Minutes
(Unapproved)

| | | | | |
|---|--|--|--|---|
| American River <u>(ARANA) Report</u> | Greater San Jose <u>(GSJANA) Report</u> | Middle Mountain <u>(MMANA) Verbal</u> | River Cities <u>(RCANA) NoReport</u> | Sierra Foothills <u>(SFANA) Verbal</u> |
| Contra Costa <u>(CCANA) Report</u> | Humboldt - Del Norte NoReport | Mission Peak <u>(MPANA) NoReport</u> | SAC Fellowship <u>(SACF) Report</u> | Sonoma <u>(SCFNA) Report</u> |
| East Bay Central <u>(EBC) Report</u> | Lake County <u>(LCANA) Report</u> | Monterey <u>(MCANA) Report</u> | San Francisco <u>(SFNA) Report</u> | Spanish Speaking <u>(SSANA) NoReport</u> |
| East Bay North <u>(EBN) Report</u> | Marin County <u>(MCFNA) Report</u> | Napa/Solano <u>(NSANA) Verbal</u> | Santa Cruz <u>(SCNA) Report</u> | |
| Greater Butte <u>(GBANA) Report</u> | <u>(MendoNA) NoReport</u> | Peninsula Verbal | Shasta Trinity <u>(ShastaNA) Report</u> | |

Jan 2023 Minutes (Draft)

NorCal NA Regional Member Reports

| | | |
|--|---|--|
| CHAIR <u>Report "Draft Action Plan 2023"</u> | RD/AD Team <u>Report</u> | PR CHAIR "See H&I Share Forum" <u>Resources</u> |
| VICE CHAIR <u>Report</u> | RCC " <u>Proposed 2022-2023 RSC Budget</u> " | NCRSO <u>Report 2023-0204-Pnl. 2023-0202-2021-2022-Annual Report</u> |
| TREASURER (PDE) <u>Jan2023 BVA</u> | RRC | NCCNA <u>Report Contacts</u> |
| ALT TREAS (vacant) | H&I CHAIR <u>Report Share Forum Resources</u> H&I Vice-Chair <u>Report</u> | HISTORY PROJECT <u>Report</u> |

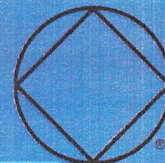
List of Useful links to NorcalNA Regional topics

H&I Report 2/8/23

- 2 new members
- Literature order - \$596.38
- Jail - continuing to give literature, still doing PNC visits, waiting for the jail to open back up for in person meetings.
- Creekside- needs 2 secretaries for the second and third Thursday of the month 7pm.
- Orenda detox- needs 1 secretary first Sunday of the month 6pm.
- Mt. Vista Farms- needs a secretary fourth Wednesday of the month 8pm.
- Muir Wood- girls side needs 1 secretary second Monday of the month.
- Juvenile Hall- needs a secretary first Saturday of the month 10am.
- H&I meets second Wednesday of the month 6:30pm at the NA office if your interested please come join us. thank you



PR PUBLIC RELATIONS SERVICE TRAINING



The SCFNA Public Relations Team is offering PR training sessions for NA Members

Sunday February 26th 2023
2pm to 5pm

HELP CARRY THE MESSAGE:

~IN SCHOOLS~

~ON THE PHONELINE~

~AT COMMUNITY EVENTS~

~TO PROFESSIONALS~



Location: SCFNA Office 600 Martin Ave STE 206
Rohnert Park, CA 94928

Questions Contact: PR-Team@sonomacounty-na.org

"We carry the NA message and work to ensure that addicts seeking recovery know where to find us. That life-saving message may be all an addict needs to have a chance. Our service efforts include a wider audience than our Twelfth Step or our meetings."

-Guiding Principles



SCFNA Public Relations Helpline Volunteer Coverage

We need volunteers to serve blocks of time of 3 hours or more

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------|--------|---------|-----------|----------|--------|----------|--------|
| 12AM | | | | | | | |
| 1AM | | | | | | | |
| 2AM | | | | | | | |
| 3AM | | | | | | | |
| 4AM | | | | | | | |
| 5AM | | | | | | | |
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| 10AM | | | | | | | |
| 11AM | | | | | | | |
| 12PM | | | | | | | |
| 1PM | | | | | | | |
| 2PM | | | | | | | |
| 3PM | | | | | | | |
| 4PM | | | | | | | |
| 5PM | | | | | | | |
| 6PM | | | | | | | |
| 7PM | | | | | | | |
| 8PM | | | | | | | |
| 9PM | | | | | | | |
| 10PM | | | | | | | |
| 11PM | | | | | | | |

Last updated on: 13FEB 2023

SHIFTS THAT NEED COVERAGE:

- Tuesday 6pm to Midnight
- Wednesday Noon to 3pm
- Wednesday 6pm to Midnight
- Thursday 9am to 3pm
- Thursday 6pm to Midnight
- Friday 6am to 9am
- Friday 6 pm to Midnight
- Saturday Noon to 9pm
- Sunday 9am to 9pm

DAYS & TIMES THAT NEED BACK-UP COVERAGE

- Monday Midnight to 3pm
- Tuesday all hours
- Wednesday Midnight to 3
- Wednesday 6pm to Midnight
- Thursday Midnight to 3pm
- Thursday 6pm to Midnight
- Friday Midnight to 3pm
- Friday 6pm to Midnight
- Saturday Midnight to 6am
- Saturday 9am to Midnight
- Sunday 6am to Midnight

Shifts that have full coverage

HELP CARRY THE MESSAGE ON THE NA HELPLINE

We are looking for volunteers with:

- At least one year clean time with recovery centered in Narcotics Anonymous.
- Willing to attend Help Line training or one or more PR Team meeting.
- Regular NA meetings attendance and an NA sponsor.
- A personal telephone number that can receive calls forwarded from the phonenumber.

If you are interested please fill out the SCFNA phonenumber volunteer form at SonomaCountyNA.org under Service>Service Committees>Public Relations Or use the QR code below OR email: phonenumber@sonomacountyna.org



NAYC presents:

Skate Night

March 17th

Free Meeting

6:15-7:15

Open Skate

7:30-8:30

\$15

Food @ Cost



CalSkate

**6100
Commerce
Blvd,
Rohnert
Park**

contact:

youthcommittee@sonomacountyna.org



SCFNA TREASURER REPORT

February 2023

Preliminary



| | | Receipts | Expenses | Balance |
|--|-----------|--------------------|---------------------|---------------------|
| Beginning Check Book Balance January 1, 2023 | | | | \$ 10,684.79 |
| January Receipts | | | | |
| Meetings 7th Tradition Contributions-Venmo/Checks | | \$ - | | |
| Contributions Received at Area Service Meeting | | \$ 1,688.85 | | |
| 7th Tradition @ ASC | | \$ 64.00 | | |
| Literature Sold @ ASC | | \$ 876.90 | | |
| NCCNA Registration Committee Meeting @ SCFNA Office | | \$ 100.00 | | |
| Unity Day Contribution | | \$ 6,097.03 | | |
| Total January Receipts | | \$ 8,826.78 | | |
| January Expenses: | | | | |
| Freedom Voice/PR phone line-December 2022(ACH) | | | \$ 37.98 | |
| Zoom Room-January(Paypal) | | | \$ 14.99 | |
| Sonoma County Fair-Vets Bldg Use Fee-February 2023 | | | \$ 137.50 | |
| NCRSO-H & I Literature | | | \$ 500.00 | |
| NCRSO-Meeting Literature | | | \$ 880.43 | |
| NCRSO-Public Relations | | | \$ 83.12 | |
| ASC: Lombardi Properties-February 2023-Area Office | | | \$ 800.00 | |
| PG&E-December 2022 | | | \$ 62.71 | |
| The Pressman-PR Schedules-January | | | \$ 112.78 | |
| Tania M- Treasury Supplies | | | \$ 37.12 | |
| James D. PR Literature Rack | | | \$ 34.09 | |
| NCRSC- January Contribution to Region | | | \$ 8,460.85 | |
| Total January Expenses | | | \$ 11,161.57 | |
| Balance as of January 1, 2023 | | | | \$ 8,350.00 |
| Less Prudent Reserve | | | | \$ (7,850.00) |
| Insurance Deductible (Encumbered) | | | | \$ (500.00) |
| January 2023 Month End Working Balance | | | | \$0.00 |
| Beginning Check Book Balance February 1, 2023 | | | | \$ 8,350.00 |
| Current Month's Receipts | | | | |
| Member Contributions-Checks | | \$ 200.00 | | |
| Contributions Received at Area Service Meeting | 1 | \$ 1,257.95 | | |
| 7th Tradition @ ASC | 2 | \$ 67.00 | | |
| Literature @ ASC | 3 | \$ 1,651.15 | | |
| NCCNA Registration Committee Meeting @ SCFNA Office | 4 | \$ 100.00 | | |
| Other: Unity Day Subcommittee Contribution | 5 | \$ -0 | | |
| Other: | 6 | \$ 0 | | |
| Total Current Month Receipts to Date: | 7 | \$ 3,276.10 | | |
| Current Month Expenses: | | | | |
| Freedom Voice / PR Phone line-Jan-Feb 2023(ACH) | | | \$ 72.96 | |
| Zoom Room-February (Paypal) | | | \$ 14.99 | |
| Sonoma County Fair-Vets Bldg Use Fee-March 2023 | | | \$ 137.50 | |
| ASC: Lombardi Properties-Area Office Rent-February 2023 | | | \$ 800.00 | |
| NCRSO-H & I Literature February 2023 | | | \$ 596.38 | |
| NCRSO- Meeting Literature February 2023 | | | \$ 1,700.76 | |
| PG&E-January 2023 | | | \$ 69.23 | |
| ASC PO Box 5552 | | | \$ 97.00 | |
| David Reichard-Office WiFi & Printer Lease-Dec 2022/Jan/Feb 2023 | | | \$ 66.00 | |
| | 8 | Refund | \$ + 37.98 | |
| | 9 | Stamps | \$ 12.00 | |
| | 10 | PR sched | \$ 96.88 | |
| | 11 | | \$ -0 | |
| Total Current Month Expenses to Date | 12 | | \$ 3,625.72 | |
| Checkbook Balance as of February 16, 2022 | 13 | | | \$ 8,350.00 |
| Less Prudent Reserve | | | | \$ (7,850.00) |
| Insurance Deductible (Encumbered) | | | | \$ (500.00) |
| Working Balance (-Under prudent reserve/+Contribution to NCRSC) | 14 | | -349.62 | \$0.00 |

SCFNA Contributions and Other Receipts
2022

| MEETING NAME | JAN | FEB | MAR | APR | MAY | JUNE | JUL | AUG | SEP | OCT | NOV | DEC | 2022 TOTAL YTD |
|--|------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|----------------|
| MULTIPLE DAY | | | | | | | | | | | | | |
| SONOMA COUNTY ONLINE GROUP (Z) | 19.25 | | | | | | | | | | | | 19.25 |
| 12 pm Santa Rosa Noon M-F | 37.00 | | | | | | | | | | | | 37.00 |
| 2 pm Cotati The Connection M-F | | | | | | | | | | | | | |
| 6pm Santa Rosa Meditation Group M/F | | | | | | | | | | | | | |
| 12 pm Santa Rosa Sat/Sun Noon/Rain or Shine | | | | | | | | | | | | | |
| MONDAY | | | | | | | | | | | | | |
| 7 pm Petaluma Shelter From the Storm | | | | | | | | | | | | | |
| 7 pm Santa Rosa Newcomers | | | | | | | | | | | | | |
| 6:15 pm Santa Rosa Night Light | | | | | | | | | | | | | |
| TUESDAY | | | | | | | | | | | | | |
| 6 pm Santa Rosa Women First | 10.00 | | | | | | | | | | | | 10.00 |
| 6:00 pm Santa Rosa Men's Night Out | | | | | | | | | | | | | |
| 7 pm Cotati What is there left to do | | | | | | | | | | | | | |
| 7 pm Santa Rosa LGBT & Friends | | | | | | | | | | | | | |
| 7 pm Sebastopol/NA thing is possible | 116.00 | | | | | | | | | | | | 116.00 |
| 7:30 pm Cloverdale Back to Basics Tue/Fri/Sun | | | | | | | | | | | | | |
| 7:30 pm Sonoma Newcomers List for Today (Z*) | 100.00 | | | | | | | | | | | | 100.00 |
| 8:00 pm Santa Rosa Primary Purpose | | | | | | | | | | | | | |
| WEDNESDAY | | | | | | | | | | | | | |
| 7 pm Petaluma Sit Down @ the Phoenix | 55.00 | | | | | | | | | | | | 55.00 |
| 7 pm Robert Park Walk to Survive | | | | | | | | | | | | | |
| 7:30 pm Guerneville (Monte Rio) The Secret Meeting | | | | | | | | | | | | | |
| 7:30 pm Pure Vida Women Meeting-Sweet Escape | | | | | | | | | | | | | |
| 8 pm Windsor Come As You Are | | | | | | | | | | | | | |
| THURSDAY | | | | | | | | | | | | | |
| 7 pm Santa Rosa-Massage Not Mess | | | | | | | | | | | | | |
| 7pm Santa Rosa-Sill III | 10.00 | | | | | | | | | | | | 10.00 |
| 8 pm Sebastopol Sleeping Tigers | | | | | | | | | | | | | |
| 8 pm Santa Rosa Primary Purpose | | | | | | | | | | | | | |
| FRIDAY | | | | | | | | | | | | | |
| 6:30 pm Santa Rosa- Men's Friday Night Lights | 50.00 | | | | | | | | | | | | 50.00 |
| 7 pm Cotati You're Late at 8 | 20.00 | | | | | | | | | | | | 20.00 |
| 7 pm Sonoma We Do Recover | 505.00 | | | | | | | | | | | | 505.00 |
| 7 pm Petaluma Action Group | 100.00 | | | | | | | | | | | | 100.00 |
| 7 pm Santa Rosa Friday Night Fix II | 25.00 | | | | | | | | | | | | 25.00 |
| 7:30 pm Santa Rosa Multi-Cultural | | | | | | | | | | | | | |
| 7:30 Cloverdale Winat's Happening | | | | | | | | | | | | | |
| 8:00 Guerneville Welcome Home | | | | | | | | | | | | | |
| 8 pm Santa Rosa Friday at the Park | 75.00 | | | | | | | | | | | | 75.00 |
| SATURDAY | | | | | | | | | | | | | |
| 9 am Santa Rosa Morning Parade (Z) | 100.00 | | | | | | | | | | | | 100.00 |
| 10:30 am Sonoma Good Morning Group | | | | | | | | | | | | | |
| 6:00 pm Online Sounds of Recovery (Z) | | | | | | | | | | | | | |
| 7 pm Santa Rosa Smart Feet | | | | | | | | | | | | | |
| 7 pm Sonoma Serenity Night Fever | 250.00 | | | | | | | | | | | | 250.00 |
| 8 pm Healdsburg Young at Heart | | | | | | | | | | | | | |
| 11:59 am Santa Rosa Midnight It's Never Too Late | | | | | | | | | | | | | |
| SUNDAY | | | | | | | | | | | | | |
| 10 am Petaluma Im Clean, Now What? | 100.00 | | | | | | | | | | | | 100.00 |
| 10 am Santa Rosa Morning Meeting | 20.00 | | | | | | | | | | | | 20.00 |
| 10 am Sonoma Vision of Hope | | | | | | | | | | | | | |
| 12 pm Santa Rosa Noon | 50.00 | | | | | | | | | | | | 50.00 |
| 9 pm Cotati Back to Basics | 46.00 | | | | | | | | | | | | 46.00 |
| 7 pm Santa Rosa Sunday Night Solution | | | | | | | | | | | | | |
| 7 pm Petaluma So Fresh/So Clean | | | | | | | | | | | | | |
| 7 pm Healdsburg Primary Purpose | | | | | | | | | | | | | |
| Meeting Contributions Subtotal | 1,888.85 | | | | | | | | | | | | 1,888.85 |
| Anonymous Contributions from Members | | | | | | | | | | | | | |
| Total Meeting and Anonymous Contributions | 1,888.85 | | | | | | | | | | | | 1,888.85 |
| Sub-Committee Contributions | 64.00 | | | | | | | | | | | | 64.00 |
| ABC 7th Tradition | | | | | | | | | | | | | |
| Activities | | | | | | | | | | | | | |
| NAVYC | | | | | | | | | | | | | |
| NCCNA Registration Committee Rent | 100.00 | | | | | | | | | | | | 100.00 |
| Newsletter | 6,097.03 | | | | | | | | | | | | 6,097.03 |
| Unity Day | | | | | | | | | | | | | |
| Women's Banquet | | | | | | | | | | | | | |
| Subcommittee Contributions Subtotal | 6,261.03 | | | | | | | | | | | | 6,261.03 |
| TOTAL CONTRIBUTIONS | 7,949.88 | | | | | | | | | | | | 7,949.88 |
| OTHER RECEIPTS | | | | | | | | | | | | | |
| ASC Literature Sold | 876.90 | | | | | | | | | | | | 876.90 |
| TOTAL RECEIVED/DEPOSITED | \$6,626.76 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$6,626.76 |