



Sonoma Online NA Business Meeting  
April 30, 2023

**Sonoma Online NA Business Meeting Attendees:**

*X = in attendance*

General Group Positions		Name	Date Position Started
x	Treasurer	Kelly	3/15/2020
x	GSR	Chelie	8/29/2021
	Secretary	Erica	11/20/2022

Noon Meetings									
Secretary				Co-Host			Literature		
DAY	(X)	Name	Date position Started	(x)	Name	Date Position Started	(x)	Name	Date Position Started
MON		Nicole	3-20-23					Cindy	
TUE	X	Monica	1-31-23					Greg	10-1-2022
WED		Jeff	10-1-2022					Mae	10-1-2022
THU		Erica	9-21-2021		Alan	2-27-2022		Mae	10-20-2022
FRI	x	Monica (temp)		x	Jimmy B	10-1-2021		Cindy	7-1-2022
SUN 10am		Tawny	3-1-23		Tracy L	1-23-2022		Oma	3-1-23

Secretary				Co-Host			Literature		
DAY	(x)	Name	Date Position Started	(x)	Name	Date Position Started	(x)	Name	Date Position Started
MON				x	BK	10-18-2021			
TUE	x	LA	12-13-2022	X	Steve	3-26-23		Jason M	6-15-2022
WED	X	Dana (ATL)	1-11-2023		Barbara	1-11-2023		Jenny	4-1-2022
THU		Hana M	12-9-2021		Tyler A	12-1-2022			
FRI					Someone	10-10-2022			
SAT	X	Dana (ATL)	8-6-2022	X	Steve	1-28-2023		Nicole	7-30-2022
SUN									

**Others in Attendance:** Robert

**Urgent Business:**

**Treasurer Report:**

Zoom fees increased by \$3.00 from \$44.97 to \$47.97

Treasures Report	
Total in EB Bank Account (Sources Venmo & PayPal)	\$356.10
Zoom fees to be paid for this period is \$47.97. Bank Fee of \$6.00	\$53.97
Other Expenses:	
Prudent Reserve	\$100.00
Total available funds for contribution to Area	\$202.13
Motion to contribute available funds to SCFNA (Y/N)	Y



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**GSR Report: See report by Chelie –**

See Report online at: <https://sonomaonlinena.org/service/service-meeting-notes>

## **Group Discussion:**

### **Old Business:**

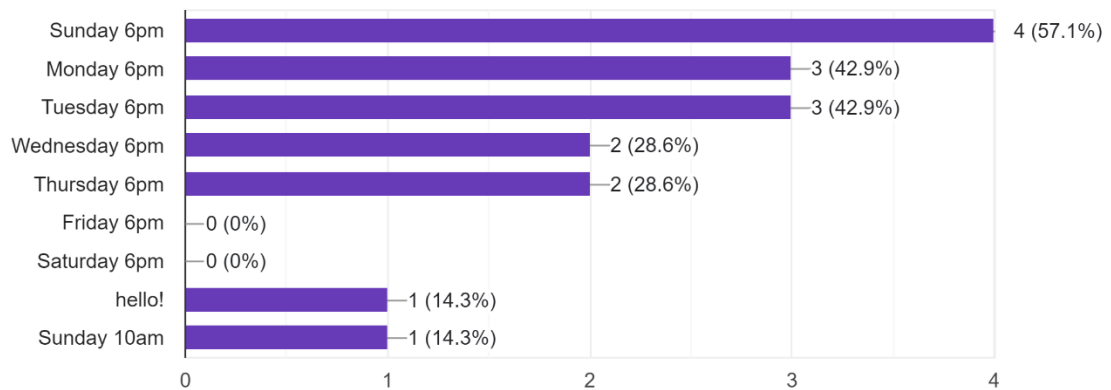
- **Contact List**

- Reminder, if you are a trusted servant and your info is not listed on the Contact List, please email it to [sonomaonlinena@gmail.com](mailto:sonomaonlinena@gmail.com)
- Sounds of Recovery – identify a contact since they are using our login and see what their long-term plan is
- Business Meeting Attendance: Importance of people holding positions and attending our business meeting – how do we address this? Change the wording on the meeting preamble? Google calendar invite? Poll of what day/time works best for the business meeting.

Survey Results:

Select your top three (3) choices of the following that you could attend:

7 responses



### **New Business:**

- Between business meetings we had several positions vacated. Due to the urgent need to fill positions and the timing of area, we created a flyer for our group that was informally approved through text, email, word of mouth before printing and distributing at area. Here is the flyer that was distributed at April's area meeting:



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SONOMA ONLINE NA .ORG



## NEED A COMMITMENT?

SONOMA ONLINE NA NEEDS HOSTS, COHOSTS, AND LITERATURE PEOPLE TO KEEP OUR ONLINE COMMUNITY FLOURISHING

**Why choose an online commitment?**

Online meetings have been an essential part of keeping our fellowship strong during the pandemic. Our group's online community helps members who:

- have trouble traveling to meetings
- have time constraints
- are new to our area looking to explore our fellowship before arriving
- are newcomers or people curious about NA
- need a meeting!

**Host & cohost requirements:**

- 6 months (host) & 90 days clean (co-host)
- access to a computer
- reliable internet access
- 6 month commitment

*We provide training for hosts & cohosts*

**Literature person requirements:**

- no clean time requirement
- access to the internet
- ability to select and read NA literature
- 6 month commitment

**For a complete list of available commitments, please visit [SonomaOnlineNA.org/service](http://SonomaOnlineNA.org/service)**

*As a new parent, zoom meetings were crucial during the early months of parenthood!*  
-A grateful addict

*My ability to get to frequent online meetings has been a huge gift to my recovery.*  
-A grateful addict

**Zoom Accounts:** Treasurer to look into discounts or coupons for paying for zoom account or if payment for 1 years will be cheaper.

**Sounds of Recovery Meeting:** Identify the contact person for Sounds of Recovery and let them know that we would like to transfer an account to them to be solely responsible for. Kelly to contact someone from that group.

**Next Meeting: May 28 2023**