### 2024-0321 RCM SCFNA REPORT TO ASC

RCM Report to the Sonoma County Fellowship



ASC Date: Mar 21, 2024 RSC Date: Mar 09, 2024

RCM1: Mark S RCM2: Vacant



**ANY QUESTIONS?** Don't hesitate to call 707 324-4062 x810 or email at <a href="mailto:scfna-rcm1@ncrsc.org">scfna-rcm1@ncrsc.org</a>

Your questions and concerns matter. Reach out to your Group Service Representative (GSR) and Regional Committee Member (RCM) for assistance at any level. "Our fellowship has no authoritarian hierarchy...NA service is the collective responsibility of our fellowship as a whole." —Tradition 12, It Works: How and Why

### RSC Elections: 3 positions filled

RNP member #3 Tanya S NCCNA pool member Luis A, Kevin N History and Archives Viced Chair still open

**Motions:** Passed

Revise the Regional RSC guidelines

Motion to have the NCCNA Chair to stay on till the books close and a final report made.

### RSC Treasurer :

They are using Quickbooks on-line along with the desktop version all seems to be going well they will do the 2 versions for 3 months also continuing with the current audit to the end of 2023

We conducted the Audit of the books till the end of 2023 with No findings

### RD/AD WSLD 24

Tucson, Arizona Oct 18-20.2024

Our ASC vote to continue was given to our RD/AD for the collaboration of Zones

The annual report is available from NAWS at 2021-2022 NAWS Annual Report.

**WSZF business:** We voted to approve up to \$1065.63 as a negotiating tool for updated IT website stuff. This is a 2 year plan, however, the 1 year option seemed like a better option due to possible changes in technology. We authorized the higher amount to be able to negotiate a better deal. The funds are already available.

### 2024-0321 RCM SCFNA REPORT TO ASC

There are now 6 new presentations available for PR and H&I at <u>Western States Zonal Forum – Comprised of 13 Narcotics Anonymous Regions in the Western United States. (wszf.org)</u>

We also talked about different ways to get members involved in service. Area sponsored events with food and round table style, assign new members topics and have them research it and share what they learned just to name a few.

**E-Lit task group:** There are 3 regions, Ohio, Florida and Arizona currently getting e-literature into their prisons. California is doing the footwork to get e-literature Into the our state prisons. There is a task group to get this done. We are asking for help from Arizona, who have already implemented the program.

**USA Collaboration** is now a working service body. They have guidelines and are asking directions from the region of what do you want them to do next. They already have a website up and running which is usa-na.org.

### **RSC OPEN FORUM:**

California AB 506

A discussion was brought up about this bill to the FST and was redirected to the BOD Legal Department. RSC Vice Chair reported in an Email to all RCM's that the AB 506 is a mute deal that this does not effect NA as there is no mandated reporting as we are a anonymous program

### **H&I / PR SHARING FORUM**

REMINDER NORCAL NA SHARING FORUM WILL BE Mar 23, 2024 AT 10AM -2PM ALSO A REMINDER THAT WE WILL HAVE A BOOTH WITH TWO SLOTS OF 2 HOURS TO VOLUNTEER AT NCCNA MAR 28-30 JOIN OUR ZOOM MTG ID 917 628 744 PW 006363

### **EVENTS:**

### **NCCNA**

March 28-31 Pre-registration is Closed but you can pay at the Door

### **SACFNA**

13th Annual Books for Crooks Sunday Apr 28, 2024 Noon to 4pm Spaghetti Dinner \$10 Silent Auction/Speaker meeting Doors open at Noon 5761 Brett Drive Sacramento, CA

<u>List of Useful links to NorcalNA Regional topics</u>



### SCFNA Public Relations Report to SCFNA ASC

SCFNA PR Subcommittee Mtg Date: Mar 7, 2024 SCFNA ASC Meeting Date: Mar 21, 2024

**SCFNA Public Relations Subcommittee** Meets 1st Thu of each month @ 6:30pm-8pm **ONLINE MEETING ID: 999 558 8160 PW: 1953** 

### **PUBLIC RELATIONS REPORTS**

- **Phone Line Coordinator**: Our SCFNA Helpline is open all day, every day 24/7. We're looking for volunteers to help answer calls from addicts who need support. If you can volunteer for a time-slot, please submit your contact info and availability using the online form "HelpLine Volunteer Signup Sheet" or send an email note to PR-Team@sonomacountyna.org
- PCC (Public Communications Coordinator): PR 2024 Outreach: With the PR-PCC role filled, "PR 2024 Outreach" is underway, leveraging SCFNA's enhanced ability to disseminate the NA message among public professionals capable of referring addicts. This initiative is identifying a range of individuals from parole and probation officers to attorneys, law enforcement, PACT Panel<sup>1</sup>, county supervisors, SLE's, and educators at SSU & SRJC, in collaboration with the county's support and digital tools.
  - o To better engage these professionals, SCFNA PR will be updating the "Information For Professionals" which is the dedicated webpage on the SCFNA's website. Standardized communication materials for letters, emails, information pamphlets, will all be written with links directed to our website for further details. The updated webpage will detail SCFNA's offerings and guide on how to request services, including literature, racks, schedules, presentations, and workshop coordination.
  - We encourage SCFNA members to forward any impactful contacts—your personal and professional networks can serve as crucial links to the community.
  - Additionally, we're seeking ways for agencies to host NA-centric events, enhancing community outreach.

<sup>&</sup>lt;sup>1</sup> PACT: Parole and Community Team. PACT presents valuable information to freshly paroled individuals. The Sonoma County PACT is a panel of county resources comprised of agencies such as Catholic Charities, JobLink, Social Services, SRJC. NA is represented on the panel by two SCFNA members.

- Schedule Coordinator: We're adjusting our schedule printing strategy. Since COVID-19, we've been printing approximately 1,000 schedules monthly, with minimal changes. For March 2024, we'll print 1,400 schedules, then switch to bi-monthly printing, skipping April for a May print. This change will save about \$600 annually.
  - Please verify your meeting details on our SCFNA NA website matches the printed schedule and that BOTH locations are accurate, especially meeting "key code" formats. Notify us of any meetings to remove, or change.
  - Remember, you can print schedules from the bottom of the home page of our website, <a href="https://sonomacountyna.org">https://sonomacountyna.org</a>, on your personal printer.
- Community & Schools Coordinator: Petaluma HS confirmed days and times for presentations this semester: March 29: Morning from 8:30 finished by 10:05am, for one period, April 1: All day, 8:30am finished by 2:55pm, for three periods. We have 4 presenters for each day confirmed. Thank-you everyone for helping us get the message of NA into our local High Schools!

If you are interested in helping for future schools presentations send an email to PR-Team@sonomacountyna.org

- **Social Media:** We are now up to 136 followers on Instagram<sup>2</sup> (@sonomacountyna). PR posts daily "Just For Today" in audio & video format, along with upcoming NA Events, and convention information.
- **Fliers:** The motion to adopt "Flier Guidelines" was not approved by the ASC for its ASC Guidelines in Feb, leaving the flier requirements open to interpretation. PR requests feedback from ASC on their preferences for handling fliers. According to the NAWS PR Handbook, NA avoids publishing personal information publicly whenever possible. PR seeks ASC agreement that ASC Fliers will only be published if they adhere to these following specifics:
  - o Submit fliers for posting by emailing them in JPG, PDF, PNG, or video format to <a href="mailto:postevents@sonomacountyna.org">postevents@sonomacountyna.org</a>. These will be shared on various NA public-facing platforms including area, regional, zonal, and world websites, as well as multiple social media channels.
  - NA Logo must appear on the flier for any NA announcement or event, and must have the registered trademark clearly visible to legally protect the NA property. The endorsing (approving) service body (Group, Area, Region, Zone, NAWS) must be visible on the flier, video, media.

<sup>&</sup>lt;sup>2</sup> Narcotics Anonymous is not affiliated with, nor endorses, any other organizations

- Subcommittees and groups should use their @sonomacountyna.org email address and include the SCFNA Helpline number (707) 324-4062, with the appropriate extension, available at <a href="https://sonomacountyna.org/contact">https://sonomacountyna.org/contact</a>
- Any group flier event announcement, without a "generic" non-personal email, can easily establish an email with any email service provider, or contact PR to obtain one prior to printing or distributing their fliers, if they wish them to be publicly published on NA services. As Groups move more into P2P payments info on fliers, this becomes even more important.
- Advertising Recovery: The Sonoma County Fellowship is currently divided over the 'attraction' versus 'promotion' concepts, which is preventing the Public Relations team from enhancing public awareness of the NA message through methods like billboards and PSAs. Our previous proposed budget failed due to this lack of consensus back in December.

PR requests that SCFNA Area consider an area-wide discussion to clarify these principles, particularly the 11th Tradition of NA, which stresses the importance of attracting rather than promoting to preserve anonymity and integrity. Misunderstandings have led some members to believe that *promoting recovery* contradicts NA's principles, where some believe the tradition was primarily established to prevent *promoting individuals* or *promoting celebrities*, risking the organization's public image should an individual relapse.

We would like to propose raising awareness at the area level through various means such as educational flyers, engaging discussions, and inviting regional representatives to demystify these concepts and help SCFNA to develop better public outreach strategies.

We could consider collaborating a learning day workshop with other areas experienced in this matter, or seeking guidance from regional members may be of benefit. We are asking for guidance from the SCFNA area on how to best explore 'attraction versus promotion' in detail.



Ad-Hoc Last Mtg Mar 10, 2024 Mar 21, 2024 ASC Mtg Date Ad-Hoc Next Mtg Apr 14, 2024



SCFNA "Area Action Plan 2024 Ad-Hoc" Meets 2nd Sun of each month @ 3pm-4:30pm SCFNA OFFICE (In-Person & Online) 600 Martin Ave, Rohnert Park, CA 94928 Online Meeting ID: 999 558 8160 PW: 1953

Please email actionplan@sonomacountyna.org if your group or GSR is interested in directly participating "Adopting an Action" topic theme

### **Purpose**

The goal of the ad-hoc team has been to:

GOAL: Simplify questions for the next Area Inventory (Aug 2024).

PROGRESS: In 2023, we followed the standard format from the NAWS Public Relations Handbook. Groups gave feedback that indicated SCFNA could benefit from tailored Area Inventory questions. We're drafting new survey questions aimed at providing timely feedback to subcommittees for their 2025 planning which they begin in September 2024.

April: Based on the above timelines, we will be submitting the suggested new Area Inventory survey question at the April ASC meeting,

May: Subcommittees and groups to review and give their feedback.

Jun: The next Area Inventory is scheduled to be sent out by the RCM's to be tabled to all GSR groups.

Jul: Responses will be tabulated into a report to ASC

Aug: Per the ASC Guidelines, "Section F Area Inventory to be conducted annually, in August."

- GOAL: Create 2024 Action Plans to Address 2023 Feedback from Groups.
  - We have made the fully redacted FINAL Area Inventory REPORT from the ad-hoc available for every member to review: 2024 SCFNA Area Action Plan Ad-hoc - AREA REPORT.
  - o Please refer to our minutes from last month for the details on the number of GSR's and members that contributed to the Area Inventory and how we tabulated the final report.

- Adopt-an-Action Topic Themes: Based on your invaluable feedback, we crafted a list of seven critical topics requiring our area's attention. Last month, five enthusiastic GSRs committed to adopting these topics, with four attending the productive March ad-hoc meeting and an additional subcommittee representative joining the cause. These are the topics now under the diligent stewardship of our GSRs, set to invigorate our area's conscience:
  - Empowering GSRs to better shape decisions at ASC (championed by GSR: We Meeting & GSR Night Light). Report to be presented at ASC in April.
  - How to better inform your group of all of the information shared at Area, including what tools do you need (championed by GSR: BNB) to be presented at ASC May.
  - What Leadership skills look like, what makes an effective leader in NA service? What are your groups looking for in Trusted Servant Leadership? Championed by the GSR Sounds of Recovery & GSR Shelter from the Storm, tentatively presented in June.
- No GSR's signed up to spear-head these topics:
  - o How to better inform your group of all of the information shared at Area, including what tools do you need? What information do you share at the group meeting, at the business meeting, or just make available for members?
  - o What questions do you think are important for future Area Inventories. Are we asking the right questions about how ASC serves the groups? Where do you think ASC falls short in serving your group, and can you suggest some solutions that we can use to measure our progress in the future.
  - o How do you apply principles in your group service structure, and what can ASC do to better support principal-based service?
  - o How do you train your trusted servants, is there mentorship, how can ASC better train members in service?
  - o Some other topic or best practice that your group thinks will benefit all members of ASC to present during an ASC open forum.

### SCFNA TREASURER REPORT MARCH 2024 PRELIMINARY



PRELIMINARY		Receipts	Expenses	Balance
Beginning Check Book Balance February 1, 2024		•		\$ 8,957.23
February Receipts Contributions Received at Area Service Meeting		\$ 1,411.87		
7th Tradition @ ASC		\$ 59.00		
iterature Sold @ ASC		\$ 970.88		
Newsletter Subscription		\$ 5.00		
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Fotal February Receipts		\$ 2,446.75		
February Expenses:	<del>                                     </del>		\$ 36.48	
Freedom Voice / PR Phone line- January 2024(ACH)	$\vdash$		\$ 15.99	
Zoom Room- February 2024 (Paypal)			\$ 137.50	
Sonoma County Fair-Vets Bldg Use Fee- March 2024	-		\$ 800.00	· · · · · · · · · · · · · · · · · · ·
ASC: Lombardi Properties-Area Office- March 2024			\$ 854.91	
NCRSO-Meeting Literature February 2024	<del> </del>	· · · · · · · · · · · · · · · · · · ·	\$ 595.03	
NCRSO H& I Literature- February 2024	<del>  </del>		\$ 172.00	
NCRSO PR Literature-February 2024			\$ 72.55	
PG&E-January 2024 David Reichard-Office WiFi February 2024			\$ 25.00	
NCRSC Contribution- February 2024	1		\$ 50.00	
Lisa Cassidy- Treasurer Copies(ASC)	<del>                                     </del>		\$ 72.76	
Kevin Gibbons-Office Liaison Keys (ASC)	<del> </del>		\$ 38.14	
Jennifer O'Dell-Secretary Copies (ASC)			\$ 61.18	
The Pressman-Schedules (PR)			\$ 104.01	
Mark Spruce-RCM Report Copies (ASC)	1		\$ 50.87	
Total February 2024 Expenses			\$ 3,086.42	
				\$ 8,317.56
Checkbook Balance as of February 29, 2024	- <del> </del>		-	\$ (9,117.00)
Less Prudent Reserve				\$ (799.44)
February 2024 Month End Working Balance				
Beginning Check Book Balance March 1, 2024				\$ 8,317.56
Current Month's Receipts				
Member Contributions-Checks				
Contributions Received at Area Service Meeting	1	1723		
7th Tradition @ ASC	2	56		
Literature @ ASC	3	884.75		
Newsletter Subscription	4	Ø		
Payment from last year that never cleared	5	\$ 36.25		
	6			
Total Current Month Receipts to Date:	7	\$2700		
Current Month Expenses:				
PG&E- February 2024			\$ 59.22	
Freedom Voice / PR Phone line- February 2024 (ACH)			\$ 35.48	
Zoom Room- March 2024 (Paypal)			\$ 15.99	<b>1</b> 17
Sonoma County Fair- Vets Bldg Use Fee- April 2024			\$ 137.50	
ASC: Lombardi Properties- Area Office Rent- April 2024			\$ 800.00	
NCRSO Meeting Literature-March 2024			\$ 781.89	
NCRSO H & I Literature- March 2024			\$ 599.24	
NCRSO-PR Literature March 2024			\$ 333.80	
David Reichard-Office WiFi- March 2024			\$ 25.00	
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### SCFNA Contributions and Other Receipts 2023

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7 pm Cotati What is There Left to Do	10.00										-		\$ 10.00
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pm Cloverdale Back to Basics Tue/Frl/Sun													
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### 13<sup>th</sup> Annual Books for Crooks

Sunday, April 28th, 2024

### Noon to 4pm

Spaghetti Dinner \$10, Silent Auction, Speaker Meeting

### Location:

5761 Brett Drive Sacramento, CA 95842 (Woodridge Elementary School, Foothill Farms area)

\*NO Smoking includes Vapor on the school grounds — Cans will be provided at the END of the parking lot\*

Plenty of FREE PARKING

Contact: Loretta (916) 307-7761

### **Event**

Doors Open: Noon Food Served: 1pm Speaker: 2pm Speaker: 2:30pm Auction: 3:15pm Your chance to purchase and donate soft cover NA books of your choice for addicts in lock down facilities in Sacramento and Yolo Counties. If you are unable to attend, you can still be a part of by using the order form below and mailing in the form and payment.

### Please make checks out to SACFNA H & I

Order Form for Books for Crooks	Partie de la constante de la c
(Please fill in what facility you want the book to go to or blank will be sent to a facility that needs it).	if left
Quantity:	
Basic Text: (\$16.00)	
_ It Works How & Why: (\$13.00)	
_ Just for Today (\$13.00)	
- Total: \$	
Please send to:	
SACENA PO Box 160343	
Sacramento, CA 95816 Thank	you
Shirts will be for sale at the Eyent.	

### The Voice of Recovery Newsletter Birthday List Sign up Form

If you are celebrating a year or more of clean time in the months of June, July or August, and would like your name and clean date added to the birthday list in the next newsletter, enter your information below.

You may also e-mail it to: newsletter@sonomacountyna.org -or- contact News-letter by telephone: 707-324-4062 ext. 86. You can also submit writing, art-work, and poetry on the website.

GSRs: Please bring the completed forms to area, or email them.

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# REGISTRATION

# INCLUDES ALL

### SATURDAY NIGHT BBQ POTLUCK

Please Bring Side Dish & Dessert to share

For Questions call Activities Sub-committee: 707-324-4062 ext 801 activities@sonomacountyna.org

- T-shirts tye dying
- Hay rides
- On-site Arcade
- Swimming
- **Axe Throwing**
- Cornhole Tournament
- Meeting's



# Some Solution of Strain

# Deadline to Register

# JUNE 25, 2024

Registration \$85.00

Kids 5 & under Free

Parking is Limited \$10 a car

Pay at Front Office

NO REFUNDS

# ABOLUTELY NO PETS!!!

(Only Registered Service Animals Will Be Permitted) You will be asked to leave if you bring a pet .The insurance for this event does not cover any liability as a result of pets!

Parking is not included in Registration

MAKE CHECKS OR MONEY
ORDERS PAYABLE TO:SCFNA
ACTIVITIES

MAIL TO PO BOX 5552

Registration fee and donation to the scholarship fund through Venmo.



venmo



### **ACTIVITIES ROCK & BOWL**



### MAY 11<sup>TH</sup> 4PM TO 6PM ARRIVE AT 3:30 FOR CHECK-IN WINDSOR BOWL 8801 CONDE LN. WINDSOR, CA 95492

\$25 PRE SALE-TICKETS ONLY.

Shoe rentals are included.

Questions call Activities Sub-committee: 707-324-4062 ext 801

activities@sonomacountyna.org

### Turning the Area Inventory into Your

### Area Action Plan Ad-Hoc

MEETS 2ND SUNDAY OF EACH MONTH @ 3PM-4:30PM STARTS JAN 14, 2024

SCFNA OFFICE 600 MARTIN AVE ROHNERT PARK, CA 94928
ONLINE MEETING ID: 999 558 8160 PW: 1953



Join Us in Crafting Our 2024 Area Action Plan Let Your Voice Shape Our Future!

### Topics You Asked For to Build a Better Area

- Fostering Better Mutual Respect
- Training & Support Mentoring
- Improve Funds Handling & Fund Flow
- Info Flow Streamlining (of Area, Region, World)
- Enhancing Our Outreach Program

Group and Member Area Inventory responses have been collected, with several topics requiring an Action Plan to improve our Area

Scan the QR Codes to review and provide feedback or go to: https://sonomacountyna.org/service/group/gsr

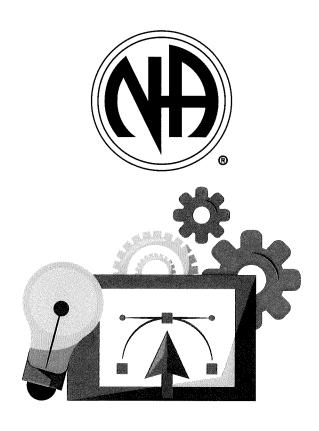
HAVE YOUR VOICE BE HEARD



HELP GUIDE THE FUTURE ASC

Area Inventory Results & Area Action Ad-Hoc Plan

Effective communication helps our service structure fulfill the responsibilities delegated to it.



### SONOMA COUNTY FELLOWSHIP OF NARCOTICS ANONYMOUS WOMEN'S BRUNCH LOGO CONTEST

### THE THEME IS "DIAMONDS IN THE ROUGH"

Please submit logos based upon the "DIAMONDS IN THE ROUGH" theme to: A Women's Brunch Committee Member

or

womensbrunch@sonomacountyna.org

LOGOS MUST BE SUBMITTED BY APRIL 30, 2024

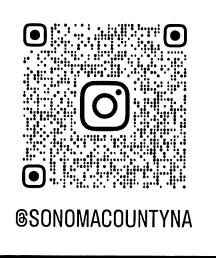
We are looking forward to seeing your talent on display!

WINNER TO RECEIVE A T-SHIRT WITH YOUR LOGO!



# Follow us on Sonoma County NA Instagram Profile

REMINDER
Sonoma County
Narcotics
Anonymous
is now on
Instagram!



Through the IG profile you will have access to information related to:

- Events
- Groups
- Sub-Committees
- Meeting schedules
- Quotes and principles from NA literature

For more information, questions, or to participate in the social media profile please contact: socialmedia@sonomacountyna.org

\*Narcotics Anonymous is not affiliated with Instagram



# Sonoma County Fellowship of Narcotics Anonymous ad-hoc for 12 Traditions and 12 Concepts Service Study



When: Second & Fourth Wednesday of the Month Office/Zoom opens at 5:00pm

Meeting time 5:15pm – 6:15pm

Where: SCFNA Office 600 Martin Ave Suite 206 Rohnert Park, CA 94928

Zoom Meeting ID: 999 558 8160 PW: 1953