

### SCFNA AREA SERVICE COMMITTEE AGENDA

Welcome to the ASC Quorum: d CALL TO ORDER: Serenity Prayer Read 12 Concepts of Service; Read 12 Traditions. **GSR COORDINATOR:** RECOVERY BIRTHDAYS: ROLL CALL: REPORTS (3 min unless otherwise noted). NEWSLETTER: Brandon- Chackout Navietter - Willingner Next Month's theme. New Theme is WILLINGNESS - Deadline is Nov 14th We need a Co-Editor, Co-Chair. We need events in March, April, and May - SUBMIL Your Fly RCM / RCMII (8 MIN): See Report **ACTIVITIES:** NAYC: Big Wieners Phat Buns - Sept 29th. Starts and noon, meeting at 3pm. Doyle Park, Santa Rosa - Free Event! UNITY DAY: Unity Day Announcement H&I: See Report PR: See Report WOMEN'S BRUNCH: A few tickets are still available - \$40 presale. We are still taking donations for silent auction baskets. OFFICE LIAISON: Nothing LITERATURE/ASST LITERATURE: Total literature purchased from the Regional Service Office (RSO) this month: \$ H & I Literature this Month: \$ PR Literature this Month: \$ Total literature sold at ASC this month: \$ TECHNOLOGY COORDINATOR: No Report

We are studying Tradition 4. Anybody is welcome to join us. We have extra books if you don't have a Guiding

AD HOC - TRADITIONS/CONCEPTS:

Principles book and want to just check out our group.



#### AD HOC - NCCNA PROGRAMMING:

NCCNA 46 - Heartbeat of NA. 8 months out.

Those of you have signed up to listen to speakers, please do so and return the evaluation sheets.

We still need lots of people to listen to speakers.

Please announce in your meetings: if people would like to volunteer to secretary or be of service at the convention, please sign up on the volunteer sheets and remember to bring them back. They will be collected every month.

October meeting will be held Oct 20th at 5pm

SECRETARY/ASST SECRETARY: Quorum Announcement; August 2024 ASC Minutes and GSR Reports.

MEETING REPORTS (10 MIN): - Step Worting Meeting - ON wednesdays Check-out Thebelie

GROUP FORUM (20 MIN): - Wheck out the inventory Area Report. Get informed, get envolved.

TREASURER / ASST TREASURER: See Report

#### **OLD BUSINESS:**

1. Motion #2024-07-01: To remove votes from individual JAC positions and create one collective vote for all of JAC.

Maker: Chris B(ensley). Second: Michaela C.

Intent: To align voting at ASC with intended NA service structure, ensuring decision authority rests with groups.

RESULT:

**NEW BUSINESS:** 

1. Motions

Close the meeting:

A. Thank the coffee maker. Volunteer for Next Month:

B. Adjourn and close in the usual manner.



### SCFNA AREA SERVICE COMMITTEE MINUTES - AUGUST 2024

CALL TO ORDER: AUGUST 15, 2024 6PM

Serenity Prayer - Sean G.

Read 12 Concepts of Service - Jason; Read 12 Traditions - Brian A.

RECOVERY BIRTHDAYS: Naomi - 3, Phyllis - 47, Sean - 8

ROLL CALL: Alix L. - 38/63 w/ 59 present

REPORTS (3 min unless otherwise noted).

GSR COORDINATOR: Chris B

new GSR - Jimmy

NEWSLETTER: Brandon G.

Next issue: The Journey Continues- Deadline Aug 29th-We want flyers for events to

advertise; 2 open positions: Co-Editor, Co-Chair

RCM: (8 MIN): Mark M

RCMII: Absent

See Report + 2024 SCFNA Area Inventory Update

https://drive.google.com/file/d/1HvxKPGP79HS6C3N45ERQGSISWKaukVCn/view

ACTIVITIES: Absent

Passing out flyers for Holiday Marathon (Thanksgiving and Christmas) Signup

sheets; Passing out 2025 SCFNA Budget Request

Activities is missing a banner - Black with Gold tassels with NA logo. If you know the

whereabouts, please contact us!

NAYC: Chelsea

1. Big Wieners, Phat Buns - Sept 29th Doyle Park Santa Rosa Starts 12pm w/

Meeting @ 3pm - Free Event!

2. Wet & Reckless Water Balloon Fight - Aug 31st Bayer Park + Gardens 1550 West Ave Santa Ros. Meeting @ 12pm Balloon Battle 130pm - ends

when balloons run out - Free Event!

UNITY DAY: Adam H.

No Report

H&I: Absent

See Report

PR: Dickson

See Report.

WOMEN'S BRUNCH: Audra H

We have picked our speakers. We need donations for baskets. Tickets are pre-sale

only & we still have some for sale. We also have limited quantities of zipper pulls.

OFFICE LIAISON: Kevin G

All good.

TECHNOLOGY

COORDINATOR: Seth B.

No Report

LITERATURE: Chris K.

ASST LITERATURE: Sean G.

Total literature purchased from the Regional Service Office (RSO) this month: \$1923.72

H & I Literature this month: \$598.84

PR Literature this month: \$196.31

Total literature sold at ASC this month: \$1114.43

AD HOC - TRADITIONS &

CONCEPTS: Trevor

We now have books in case people show up without a book; highlights are ok to make in books. We are still suffering low attendance. Other than that group is

carrying on as normal

AD HOC - NCCNA

PROGRAMING: James F.

Theme for NCCNA is: Heartbeat of NA. Nine months out, continuing to listen to MP3 speakers; got a great lineup of speakers so far Meet the 3rd Sunday at 9am at the

office, please come join us.



SECRETARY: Stephanie M.

ASST SECRETARY: Jen O.

Quorum Announcement / July 2024 Minutes Passed

VICE CHAIR: Alix L.

No report

CHAIR: Sean G

No report

MEETING REPORTS (10 MIN):

Sat 8am Santa Rosa: Needs support; book study

Still III - Speaker Jam Sun Sept 22<sup>nd</sup> 10am-2pm Sebastopol Grange

Fun in the Sun – Aug 18th Free, Food & Drinks provided 11-12 mtg 1-2pm BBQ

Fri 730pm Multicultural - Annual potluck last Fri of month

Sat Oct 19th - Mens Breakfast Hanna Boys Center; Tickets on Sale \$30

**GROUP FORUM (20 MIN):** 

Not Held

TREASURER: Lisa C. **ASST TREASURER: Guy**  Aug 2024 Beginning Balance: \$6879.17

Aug 2024 Receipts: \$2753.48

Aug 2024 Expenses: \$3578.17 \$50

Contributions to NCRSC:

Balance: \$6054.48

Less Prudent Reserves:

\$(9117.00) Aug 2024 Ending Balance: \$(3062.52)

#### **OLD BUSINESS:**

1. Motion #2024-07-01: To remove votes from individual JAC positions and create one collective vote for all of JAC.

Maker: Chris B(ensley). Second: Michaela C.

Intent: To align voting at ASC with intended NA service structure, ensuring decision authority rests with groups.

RESULT: TABLED

**NEW BUSINESS: None** 

Close the meeting

A. Thank the coffee maker. Volunteer for Next Month: Unknown

B. Adjourn and close in the usual manner.

#### SCFNA TREASURER REPORT SEPTEMBER 2024 PRELIMINARY



Beginning Check Book Balance as of Aug 1, 2024		Receipts	Expenses	Balance
August Receipts				\$ 6,879.1
Contributions Received at Area Service Meeting				
7th Tradition @ ASC		\$ 1,585.05		
Literature Sold @ ASC		\$ 54.00		4
NAYC NAYC		\$ 1,114.43		
11110				
Total August Receipts	e <u>1</u> 5.35	\$ 2,753.48		
August Expenses:				
Freedom Voice / PR Phone line- July 2024(ACH)			\$ 38.73	<del>                                     </del>
Zoom Room- August 2024 (Paypal)			\$ 15.99	
Sonoma County Fair-Vets Bldg Use Fee- Sep 2024		1	\$ 137.50	
ASC: Lombardi Properties-Area Office- Sep 2024			\$ 800.00	
NCRSO-Meeting Literature Aug 2024			\$ 1,128.57	
NCRSO H& I Literature- Aug 2024			\$ 598.84	
NCRSO PR Literature-Aug 2024			\$ 196.31	
PG&E-July 2024			\$ 92.40	
David Reichard-Office WiFi Aug 2024 NCRSC Contribution- Aug 2024			\$ 25.00	
H & I Outreach		1	\$ 50.00	
USPS PO Box ASC		<b> </b>	\$ 294.83	
PR Website			\$ 200.00	
Transposed Numbers			\$ 155.88	
			\$ 116.63	
Total Aug 2024 Expenses			\$ 3,850.68	
Checkbook Balance as of Aug 31, 2024			<b>V</b> 0,000.00	
ess Prudent Reserve		-		\$ 5,781.97
August 2024 Month End Working Balance		1	<del></del>	\$ (9,117.00 \$ (3,335.03
Beginning Check Book Balance July 1, 2024			e a de la companya d	
Current Month's Receipts				\$ 5,781.97
Contributions Received at Area Service Meeting				
Th Tradition @ ASC	1	1 12 12 1-1		
iterature @ ASC	3			
Activities	4			
	5			
	6		**************************************	A
otal Current Month Receipts to Date:		\$3190.68		<del></del>
current Month Expenses:		TH120200		
PG&E- July 2024			6 05.05	
reedom Voice / PR Phone line- July 2024 (ACH)			\$ 85.85 \$ 35.48	
oom Room-Aug 2024 (Paypal)			\$ 15.99	
Sonoma County Fair- Vets Bldg Use Fee- August 2024			\$ 70.99	The transfer of the second
SC: Lombardi Properties- Area Office Rent- Sep 2024			\$ 800.00	
ICRSO Meeting Literature-Aug 2024	***************************************		\$ 561.66	
ICRSO H & I Literature- Aug 2024			\$ 588.98	
NCRSQ-PR Literature Aug 2024			\$ 196.99	
David Reichard-Office WiFi- Aug 2024			\$ 25.00	
NCRSC Contribution	8	50-		
receipts heschted , PAID	9	512-18		
	10			
	11			
	12			
otal Current Month Evnance 4- D. (	13			
otal Current Month Expenses to Date	14	2,872-13		
heckbook Balance as of September 19, 2024	15	61.52		

MEETING NAME	JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEP	ост	NOV	DEC	2024 TO	OTAL YTD
MULTIPLE DAY	1	04.07.1	111 00 1	72 76 1	88.87	1	25.00	1	1	1	1		\$	383.50
ONOMA COUNTY ONLINE GROUP (Z)	441.00	84.87	111.00	73.76	05.07	+	52.78	56.86					\$	521.26
2 pm Santa Rosa Nooner M-F	411.62			300.00			32.70	50.00					\$	300.0
pm Cotati The Connection M-F	400.00	50.00		70.00		25.00	50.00						\$	295.0
orn Santa Rosa Meditation Group M/F	100.00	50.00		70.00		20.00							\$	-
2 pm Santa Rosa Sat/Sun Nooner Rain or Shine	1	1	1			•								
MONDAY	1	40.00	31.00	1	50.00	60.00	50.00	154.00			- 1		\$	385.0
pm Sonoma Living Clean pm Petaluma Shelter From the Storm		50.00	01.00			50.00							\$	100.0
	25.00		25.00	20.00	20.00	50.00	10.00	20.00					\$	170.0
pm Santa Rosa Newcomers	50.00		25.00	10.00	20.00	20.00		94.00					\$	174.0
15 pm Santa Rosa Night Light	50.00	_	1	10.00		20.00								
TUESDAY	25.00	40.00	137.00	100.00	50.00	80.00	150.00	160.00					\$	742.0
pm Santa Rosa Women First	25.00	50.00	70.00	100.00	20.00	20.00		9.00					\$	194.0
00 pm Santa Rosa Men's Night Out		50.00	10.00		20.00	90.00							\$	110.0
pm Cotati What is There Left to Do	10.00		10.00	111.00	49.42	26.27	46.97	14.19					\$	247.8
pm Santa Rosa LGBT & Friends		10.00	450.00	83.00	45.00	150.00	60.00	120.00					S	688.0
pm Sebastopol-NA Thing is Possible	40.00	40.00	150.00	83.00	45.00	50.00	00.00	80.00					\$	130.0
30 pm Cloverdale Back to Basics Tue/Fri/Sun					50.00			1.00					\$	246.
30 pm Sonoma Newcomers Just for Today (Z+I)	25.00	65.00	80.00		50.00	25.00		1.00					S	5.
00 pm Santa Rosa Primary Purpose	1	1	1	5.00					- 1				1	11 12 2
WEDNESDAY						00.00	00.00	20.00					\$	160.0
30pm Santa Rosa Nunca Solas	20.00	20.00	20.00	20.00	20.00	20.00	20.00	20.00					\$	117.0
30pm Basic Not Big (BNB)		20.00	20.00	20.00	20.00	17.00		20.00					\$	10.0
pm Santa Rosa I.P. Clean				40.00			30.00	10.00					\$	50.
pm Petaluma Sit Down @ the Phoenix				10.00	400.00	400.00							\$	800.
pm Rohnert Park Will to Survive	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00					\$	40.
30 pm Guerneville (Monte Rio) The Secret Meeting		10.00	10.00			10.00	10.00	40.50					\$	10.
30 pm Pura Vida Women Meeting-Sweet Escape								10.00					-	10.
pm Glen Ellen Newcomers		-	10.00	5.00									\$	200
pm Windsor Come As You Are		40.00	60.00	50.00	50.00	50.00	60.00	50.00					3	360.
THURSDAY	1						K 8 1	1 1		1 8		180		\$50.
pm Cotati Toe Tapping					10	50.00				100				<b>\$50.</b>
pm Santa Rosa-Message Not Mess													\$	81.
pm Santa Rosa-Still III	14.00	12.00	17.00	10.00	4.00	8.00	6.00	10.00					\$	
:30 pm Sebastopo! Sleeping Tigers						5.00	20.00						\$	25.
pm Santa Rosa Primary Purpose				32.00									\$	32.
FRIDAY		1			1 1	4.0				4. 🗇				
:30 pm Santa Rosa- Men's Friday Night Lights	100.00		100.00	100.00	100.00	100.00	100.00						\$	600.
pm Cotati You're Late at 8	20.00	100.00	100.00		100.00		100.00	50.00					\$	470.
pm Sonoma We Do Recover		105.00	200.00	100.00	150.00	80.00	124.00	82.00					\$	841.
pm Petaluma Action Group	90.00		25.00	50.00	90.00		20.00	100.00					\$	375.
pm Santa Rosa Friday Night Fix It	25.00	50.00	30.00	30.00									\$	135.
:30 pm Santa Rosa Multi-Cultural										0.000.000.000.000.000			\$	
:30 Cloverdale What's Happening		185.00											\$	185.
:00 Guerneville Welcome Home	10.00	100.00	10.00			10.00	10.00						\$	40.
0:30p Santa Rosa Black Friday	14.00						30.00						\$	44.
pm Santa Rosa Friday at the Park	50.00	50.00	50.00			200.00	100.00	100.00					\$	550.
SATURDAY	55.55	00.00			+ 4			1.0						
													\$	
am Santa Rosa Morning Miracle (Z)													\$	-
0:30 am Sonoma Good Morning Group	40.00												\$	10.
:00 pm Online Sounds of Recovery (Z)	10.00						75.00						S	75.
pm Santa Rosa The We Meeting			10.00	100,00	50.00	75.00	50.00						\$	515.
pm Sonoma Serenity Night Fever	100.00	100.00	40.00		50.00	75.00	30.00	60.00					\$	299.
pm Healdsburg Young at Heart	79.00		100.00	60.00				00,00					\$	
1:59 am Santa Rosa Midnight It's Never Too Late													-	
SUNDAY		- 1 11				20.00	400.00	80.00					s	487
0 am Petaluma I'm Clean, Now What?	27.00	80.00	80.00	60.00	40.00	20.00	100.00	80.00					\$	370
0 am Santa Rosa Morning Meeting	70.00					200.00	100.00	00.00					\$	310
opm Sonoma Vision of Hope		25.00	30.00	75.00	60.00	40.00	50.00	30.00	ļ				\$	310
orm Sounds of Recovery		55.00	32.00	10.00		20.00	32.00	44.00					\$	442
pm Cotati Back to Basics	50.00	40.00	65.00	40.00	50.00	76.00	51.00	70.00						70
pm Santa Rosa Sunday Night Solution	40.00					30.00							\$	
pm Petaluma So Fresh/So Clean													\$	
pm Healdsburg Primary Purpose			10.00	10.00			30.00	30.00					\$	80
pm Courage to Change													\$	
Meeting Contributions Subtotal	1,530.62	1,411.87	1,723.00	1,654.76	1,207.29	1,757.27	1,662.75	1,585.05	-			-	\$	12,532
Anonymous Contributions from Members	1,100,02	.,											\$	
Total Meeting and Anonymous Contributions	1,530.62	1,411.87	1,723.00	1,654.76	1,207.29	1,757.27	1,662.75	1,585.05	-	-	-		\$	12,532
Sub-Committee Contributions	1,000.02	1,711.07	.,. 20.00		10.1		T		1					
	59.00	59.00	56.00	47.00	68.00		82.00	54.00	1				\$	425
ASC 7th Tradition	34.30	03,00	00.00	47.00	155.82	341.13							\$	531
Activities	34,30			100.00	.00.02	30.65	20.00		1		1		\$	150
NAYC				100.00		650.00	20,00				1		\$	650
NCCNA Registration Committee Rent		F 00				550.50							\$	
Vewsletter		5.00						<b> </b>					S	
Jnity Day				650.00		228.00							+	
Clean Apparel Chris K.				658.00		∠∠8.00						1	\$	
Nomen's Brunch					200 00	4.040.70	100.00	E4.00	-	-	-	-		1,76*
	93.30	64.00	56.00	805.00	223.82	1,249.78	102.00	54.00				-	\$	15,180
Subcommittee Contributions Subtotal			1,779.00	2,459.76	1,431.11	3,007.05	1,764.75	1,639.05					10	13,180
Subcommittee Contributions Subtotal   TOTAL CONTRIBUTIONS	1,623.92	1,475.87	1,775.00	2,100.10	And the little of the little o	AND DESCRIPTION OF THE PARTY OF	der the grant of the same	C. Salar Street, Stree						
TOTAL CONTRIBUTIONS	1,623.92	1,475.87	1,773.00	2,100.70				- 1			7 Table 1981			
	1,623.92 351.00	970 88	884 75	569.00	734.44	851 56	587.00	1,114.43	-				\$	6,063

#### 2024-0815 RCM SCFNA REPORT TO ASC

RCM Report to the Sonoma County Fellowship

Sound Cortie

ASC Date: Sep 19, 2024 RSC Date: Sep 14, 2024

RCM1: Mark S RCM2: Kelly C



ANY QUESTIONS? Don't hesitate to call 707 324-4062 x810 or email at <a href="mailto:scfna-rcm1@ncrsc.org">scfna-rcm1@ncrsc.org</a>

Your questions and concerns matter. Reach out to your Group Service Representative (GSR) and Regional Committee Member (RCM) for assistance at any level. "Our fellowship has no authoritarian hierarchy...NA service is the collective responsibility of our fellowship as a whole." —Tradition 12, It Works: How and Why

#### **EVENTS & WHAT'S HAPPENING IN OTHER AREAS:**

#### American River (https://sacramentona.org):

- Co-ed Softball Tournament-Speaker Meeting & BBQ/Potluck October 5th, 2024 Howe Park, 2201 Cottage Way, Sacramento CA
- ARANA "Recovery is a BOO-tiful Thing" Fall event and Speaker Meeting". October 26. 2024 6pm to 10pm
   5325 Engle Rd, Carmichael

#### Contra Costa (https://www.contracostana.org/):

- Unity Day: Oct 12<sup>th</sup> 2024 11AM 9PM 4000 Clayton Rd. Concord, CA 94521
- Realized that Raffles are not legal in CA (unless State has an application) Area tried to apply was notified if they do a Raffle, Bingo, or any kind of "gambling" without application they will lose non-profit status and all bank accounts will be closed.

#### East Bay North & East Bay Central (https://www.naalamedacounty.org):

 Unity Day (Tri-Area) scheduled for Sep 21<sup>st</sup> Longfellow Middle School/Berkely Adult School 1701 San Pablo Ave. Berkeley, CA

#### Greater San Jose (https://www.sina.org):

- Sponsor-Sponsee Dinner: Saturday November 2nd at 5:30pm, 1980 Hamilton Ave, San Jose.
- Narathon: December 24th and 25th, 1200 Blossom Hill Road, San Jose.

#### Marin County https://www.marincountyna.org):

 H&I Selling magnets and wristbands for literature for San Quentin sold 200 bands and have been able to buy books for San Quentin

#### Mission Peak

October 26th Ghostly Gala/Taco dinner: 6pm – 11pm 4481 East Ave Livermore CA \$10

#### Monterey

 MBCNA CONVENTION "Anchored in Recovery" January 25th-27th 2025, \$45 pre-registration and \$55 at the door. Preregistration is open: <a href="https://mbcna.org/">https://mbcna.org/</a>

#### 2024-0815 RCM SCFNA REPORT TO ASC



- Monterey H&I Learning Day PI Presentation: Oct 26 2024 10am 2pm 98 Kip Drive Salinas CA 93907
- Sponsor/Sponsee Spaghetti Dinner: Sat Nov 02,2024 4pm 9pm Spreckels Veterans Memorial Building 90 Fifth Street, Spreckels CA 93962 tickets \$15

#### Napa/Solano: (https://www.napasolanona.org)

- Halloween Dance: October 26, 2024, 5:30 10:30pm at 2800 Georgia Street, Vallejo, CA.
- Apples With Addicts (breakfast): October 12, 2024 9 am 12 pm (Meeting at 10am) 1875 Fairfield Ave, Fairfield CA, \$10

#### Lake County: (https://www.nalakecounty.org)

- History of NA Event: Sunday October 13<sup>th</sup> 10am 2pm 16195 Main St Lower Lake CA 95457 (potluck)
   Peninsula (https://www.peninsulana.org/):
- Unity Day 2024 DATE CHANGED to NOV 9th at 751 Alameda de las Pulgas in Belmont.

#### Sacramento Fellowship (https://sites.google.com/sacfna.org/):

- Off The Screen & Onto the Green Two online meetings will have a BBQ and Potluck on September 28, 2024, 11:00 am 3:00 pm, Tahoe Park, 3501 59th Street, Sacramento, Ca 95820
- Sacramento Women's Brunch, October 12, 2024, 9:00 am 2:00 pm The Officer's Club, 3410 Westover Street, Sacramento, CA 95652. Tickets are \$45.00
- Jam Extravaganza on October 12, 2024 At 6:00 pm at the Oak Park Community Center, 3425 Martin Luther King Blvd. in Sacramento, Ca 95817 Tickets are \$40.00
- Keeping it Real, Speaker Jam II: Saturday, October 26th 5:30-8 pm, 2620 Capitol Ave, Sacramento CA 95816
- **16th Annual Sacramento Men's Breakfast,** Saturday, November 2, 2024, Ticket \$20.00/each 9 am-1 pm. Robertson Community Center. 3525 Norwood Ave, Sacramento, CA 95838

#### San Francisco: https://www.sfna.org

• Unity Day: Oct 5<sup>th</sup> 2024 10am – 6pm James Lick Middle School 1220 Noe Street San Francisco, CA \$30

#### Santa Cruz: www.santacruzna.org

- Helpline Training Day: Oct 26<sup>th</sup> from 12 2pm
- Halloween Dance: Oct 26<sup>th</sup> 2024

#### Shasta Trinity Area https://www.shastana.org

- Spaghetti Feed: Oct 5<sup>th</sup> 2024 12 5pm 2150 Benton Dr. Redding CA
- Halloween Dance: Oct 25<sup>th</sup> 2024 7:30pm 1050 State St. Redding CA

#### Sierra Foothills: www.sfana.org

• **H&I FUNraiser:** Oct 26<sup>th</sup> 2024 3:30-8pm Oddfellows Hall 1226 ½ Lincoln Way Auburn, CA 95603 \$20



#### **OTHER STUFF FROM REGION**

#### **RSC Elections:**

Interested in Regional Service, fill out Service Resume and attend next Region at 3pm. See more info here: <a href="https://norcalna.org/regional-service-opportunities-2">https://norcalna.org/regional-service-opportunities-2</a>

#### RD/AD/NAWS Update:

**WSLD 24** in Tucson Arizona Oct. 18-20, 2024 Western Service Learning Days – A Narcotics Anonymous Service Conference (wsld.org)

The Pacific Northwest Convention of Narcotics Anonymous event will be held in British Columbia this year! OCTOBER 18-20, 2024, BC Canada (pnwcna-bc.ca)

#### H&I:

The next PR/H&I Sharing Forum will discuss Alternative ways of reaching out to inmates in Jails and Prisons.

#### 2024-0815 RCM SCFNA REPORT TO ASC

#### PR:

Regional PR wants to attend National Association of Social Workers-California Chapter Conference in Oakland on November 8, 2024.

RCC (Regional Communication): Lost minutes from last month. Will now lock minutes in future so only RCC and Chair can delete so this does not happen again.

#### NCCNA:

Closing Report from NCCNA45: \$47,663.96 (profit) contributed to RSC. Received credit from A/V vendor of the poor-quality audio. Rebates from conv center/hotels = \$13,630; Merchandise profit = \$20,860.15. 3751 Paid Registrations; 124 registrations given out.

#### **Forum Topics:**

Tech Help: RCC created contact list of people who need tech help and who can help.

Areas with 501C3 & Raffles: Do other Areas have clauses regarding no gambling at NA events. State regulations are very strict to allow Raffles (lots of work – is doable but really not worth it). Its not worth the risk, its problematic, just don't do it. The language on the Regional Boards website might need to be clearer so that future Areas don't wander into the complications of trying to do a raffle.

Newcomer Workshops/feedback: Do other Areas do newcomer workshops? What should be presented at a Newcomer workshop? Sac, Greater San Jose, Contra Costa County (<a href="https://www.contracostana.org/new-to-na">https://www.contracostana.org/new-to-na</a>) all have done Newcomer workshops on meeting etiquette, about NA, etc. Some meetings split-up and have newcomers ask questions or include an ask-it-basket. Region will have a folder on the Drive that Areas can add links and other resources on this topic.

**RSC Budget Timing:** How can we get more time to approve the RSC budget? Can we get draft budget done sooner. Can we utilize technology to help expedite budget review.

**Regional supporting local events flyers:** It is helpful to have Events supported by Regional Committees state on the flyer that it's a Regional Supported event. (i.e., the Lake County History Event in which the Regional History and Archives will be presenting)

**Predatory Behavior:** World is looking into drafts for Predatory and Disruptive Behavior. Look on NA.org <a href="https://na.org/service-material/locally-developed-service-material/">https://na.org/service-material/locally-developed-service-material/</a>

**Board Member passes away:** H&A interviewed a member who recently passed away. He left a message for and discussion about how we handle that with regards to the member's family. What kind of precedent would this set if we needed family approval to listen [to consented interviews] after member passes. A non-interview message is a digital asset that should be approved by family before being replayed.

**Retracted BOD Member Qualification:** Member no longer wants to be in the pool. How is that handled? Take them out of the pool. The member resigned, remove them from the pool. The person is in a pool and not in a legal position, since she's not on the board no big deal. **Have open pool seat for BOD**.

Insurance Changes: Waivers are only connected to a policy that has been issued by an insurer of a Northern California Region. Board voted to pull the waiver form off of the last page of the special insurance page on website because it has been greatly misunderstood and misused. In the future when you apply for, and are issued insurance under the NA policy, then you will get a waiver form. The Waiver is a secondary way to acknowledge that they are not covered. The waiver is limited to indicate that you are insured for some stuff (like meetings) but not for other stuff in the event. If we have a current event policy through NA's insurance (Philadelphia insurance) then they can get the waiver from Region Office, if they don't already have it as part of the packet they completed.

#### Motions:

Create a private Facebook page for the region which is monitored by the RRC w/most restrictive option & allows FST to have admin access - PASSED

The budget will be sent to the areas for approval 90 days or 3 RSCs prior to the date needed for approval at the RSC. This timeline will allow areas time to gather group/area votes on the RSCs next fiscal year's annual budget.



### **SCFNA Public Relations Report to SCFNA ASC**

SCFNA PR Subcommittee Date: Sept 5, 2024 SCFNA ASC Meeting Date: Sept 19, 2024

Contact: PR-TEAM@sonomacountyna.org

SCFNA Public Relations Subcommittee

Meets 1st Thu of each month @ 6:30pm-8pm

ONLINE MEETING ID: 999 558 8160 PW: 1953

#### **PUBLIC RELATIONS REPORTS**

- Community & Schools Outreach:
  - Petaluma High School Presentations: We are seeking volunteers to serve on the Presentation Panel at Petaluma High School. If you can recall your own experiences as a teenager, especially if you encountered challenges with substance use during those years, you understand how crucial it is to bring the NA message into schools. We need presenters who can connect with and engage youth in a way that resonates with them. If you feel called to share the NA message and reach young people in a meaningful way, we encourage you to volunteer for the following presentation times:
    - Wednesday, 11/6 Period 1: 8:30-9:55
    - Thursday, 11/7 Period 4: 8:30-10:05
    - Thursday, 11/7 Period 5: 10:50-12:20
    - Thursday, 11/7 Period 6: 1:25-2:55
  - Santa Rosa School District: Public Relations has initiated outreach efforts with the Santa Rosa School District. This is a wonderful opportunity for members to serve as presenters at schools new to our outreach. If you are interested in carrying the NA message to students in these schools in Santa Rosa, please consider volunteering for future presentations by contacting PR.

**How to Volunteer as a School Presenter?** Contact the PR Schools Coordinator at <a href="mailto:schoolscoordinator@sonomacountyna.org">schoolscoordinator@sonomacountyna.org</a> or by calling 707-324-4062 x804. With the start of this new school year, we are expanding outreach to other schools in other districts, and your service is greatly needed now!

Next Parole and Community Team (PACT) Meeting: Oct 9th.
The next Sonoma County PACT meeting will be held on Wednesday, October 9th. The PACT program provides essential resources to individuals re-entering the community after incarceration. Sonoma County's PACT panel includes representatives from agencies such as Catholic Charities, JobLink, Social Services, and Santa Rosa Junior College. NA is proudly represented by two NA members of Sonoma County Fellowship of Narcotics Anonymous (SCFNA). Thank-you! If you are interested in being part of future PACT meetings, please contact PR-TEAM@sonomacountyna.org

- **Schedule Coordinator Report:** We have printed 1900 schedules for Sept 2024. We print schedules on alternating months. Our next printing will be in November. Please mention these meeting changes to your group members:
  - NEW: starting Oct 23 Wed 5:15pm-6:45pm (90 minutes), St Vincent de Paul Commons, "Write to Live Clean" Santa Rosa. Bring your step work! 1st 45min=writing, 2nd 45min=discussion
  - Current schedules are available in PDF format and can be printed at any time on your personal printer or print service, by going to the HOME page of the NA website <a href="https://sonomacountyna.org">https://sonomacountyna.org</a> or clicking this <a href="mailto:GDrive link">GDrive link</a>.
- Helpline Coordinator: Last month we sent out a helpline volunteer sign-up form to the groups. We will collect those tonight at ASC, Sept 19. Thank you to all the new volunteers who are helping to staff the helpline!
  - If you're volunteering, here are important links to use when answering calls: the <u>Helpline Volunteer Handbook & Referral Policy</u> and the <u>Helpline Flowchart</u>.
  - If you can help by covering a time slot, please submit your contact info and availability using the online form, "<u>Helpline Volunteer Signup Sheet</u>," or send an email to <u>PR-Team@sonomacountyna.org</u>.
- Public Communications Coordinator (PCC) Report: Literature Racks

We currently have 58 literature racks, down from 60 in August due to one being stolen and another removed during a facilities move. To prevent future issues, the PR team is exploring ways to better label NA property.

Plans are underway to stamp all literature in racks with the Sonoma County Fellowship NA (SCFNA) link to the meeting schedule and helpline to better direct addicts to our fellowship resources.

The "Adopt-A-Rack" effort is supported by 26 dedicated volunteers. If you're interested in keeping racks stocked or have suggestions for new locations (e.g., hospitals, schools, jails, colleges, treatment centers, SLEs, or government offices), please contact us at PR-Team@sonomacountyna.org. Thank you for your continued support!

- Social Media: Our IG has expanded to 199 followers (up from 187 in Aug)
   (@sonomacountyna¹). Subcommittees are encouraged to post their events or flyer info to postevents@sonomacountyna.org to be posted on IG.
- Website Plans: Our website, <u>SonomaCountyNA.org</u>, will be under-going changes. PR
  has been drafting a new website, being jointly constructed with the Area Technology
  Coordinator.
- Posting a Flyer? If you have a flyer that follows the <u>ASC "flyer guidelines"</u> and has been approved by your group, area subcommittee, or regional committee, you can submit it to

<sup>&</sup>lt;sup>1</sup> Narcotics Anonymous is not affiliated with, nor endorses, any other organizations

be posted on the Area website, Area social media, regional calendar, and NA world accounts. Submit your flyer to postevents@sonomacountyna.org

#### • Public Relations – Exciting Opportunities to Serve: Trusted Servants Needed!

There's a lot happening in PR, and YOU are needed! Whether it's working with schools, county agencies, maintaining literature racks, managing websites, or publishing to social media, the PR team is hard at work spreading the NA message throughout the community. Imagine yourself here, helping ensure that everyone in the Sonoma County public knows NA is a solution for addiction!

- If you have the passion to help carry the NA message to the public, now is the perfect time to join the PR service team! We have several key roles available: PR Team Lead & Alternate, PR Secretary, PR Community & Schools Coordinator, PR Rep to Region, and PR Helpline Coordinator Alternate.
- As we prepare for the exciting PR 2025 Plans, your involvement can make a real impact in the coming year. Don't miss out on this incredible opportunity to be of service! Check out the <u>PR Guidelines</u> to learn more about each role and how you can get involved.

In Loving Service, Your Public Relations Team Sonoma County Fellowship of Narcotics Anonymous MADE - In person meetings going well (men)

PNC - In person neetings going well (one dork night) where

Tow Hall 
Creekside - 4th thursday open. Going well otherwise.

Mur Wood Men - I dark night! 1st & 3rd fridays open.

Muir Wood Women - Going well

Olympia house - 2 dark nights. 2nd wed open

Pura Vida - I dark night. All positions filled

Reigional Rep - No report

ASC Rep - Jac motion to renove votes vill be redone

Literature 
NAYC - Going vell

Activities - OPEN Position

Neusletter - New issue released

PR 
Secretary - Min passed

OLD Biz - T-shirts 4 shirts Left \$770
Raised so far. Parking lot sales.

MULTI DAY City   Meeting   GSR	Time	
		Comments
SONOMA ÓNLINE Sonoma Online	12:00PM & 7:00 PM	No Report
L.A. SANTA ROSA	Mon-Sun	
Nooner	12:00 PM Mon-Fri	Group doing good. We meet 5 days a week, Going strong. If you're not doing anything during the week come check us out.
Manuel O/ Alt James F SUB Com: NCCI SANTA ROSA	NA Program	y anything during the week come check us out.
Rain or Shine	12:00PM SAT-SUN	Absent
SANTA ROSA 11TH Step Meditation Meeting	6PM	Walke ildian marsh are M.
Phyllis H / SUB Com: Phoneline	MON, FRI	It's building members. We welcome more. 19 minute meditation, 5 min share on 11th step. We respectively only read steps and JFT.
GUERNEVILLE Welcome Home / Secret Mtg	WED 7:00 PN	A No report
Noel	FRI 8:00 PM	1.10.5001
MONDAY City   Meeting   GSR	Time	0
SONOMA		Comments
Living Clean	6:00PM	Absent
Melissa T. PETALUMA		
Shelter From the Storm	7:00 PM	We have soon for many factors and the second
Denise S / SUB Com: H&I, PI, Women's Brunch, History & Archive Region, VOR		We have room for more people. We have air-conditioning.
SANTA RO\$A		
Newcomers   Chris B/ SUB Com: H&I	7:00PM	Meeting doing well in new mtg place!
SANTA ROSA		
Nightlight Chris K.	8:15 PM	No report
TUESDAY		
City   Meeting   GSR	Time	Comments
SANTA ROSA		
Women First Tania/ SUB Com: PR	6:00 PM	Meeting is great! Solid recovery. Long time recovery. Rotating format.
SANTA ROSA		
Men's Night Out John M/ SUB Com: Activities; NCCNA Pro	6:00 PM	Nothing to report
SANTA ROSA	6:30 PM	
Question Your Recovery Jimmy W		Looking for support please.
COTATI What is there left to do	7.00 DM	About
Gina W / SUB Com: H&I	7:00 PM	Absent
SANTA ROSA LGBT & Friends	7:00 PM	Nothing to const
Jenna M	7.00 F W	Nothing to report
SEBASTOPOL  NA Thing is Possible	7:00 PM	Solid recovery. No drama.
Bryan C/ SUB Com: PR		osina rocovory, no urama.
SONOMA Newcomers Just for Today	7:30 PM	Popcorn \$1 clam donations
Erik G SONOMA		
Sonoma Newcomers (ONLINE)	7:30 PM	No report
Jeff S. CLOVERDALE		
Back to Basics Zoey H.	7:30 PM	Absent
SANTA ROSA		
Primary Purpose Michaela/ SUB Com: H&I	8:00 PM	XXXX has been misplacing our rent \$\$\$
WEDNESDAY		
City   Meeting   GSR	Time	Comments
SANTA ROSA		
Basic Not Big Kevin L.	6:30 PM	Nothing to report
SANTA ROSA		No report
Nunca Solos Yesenia R	6:30PM	TO TOPOTE
PETALUMA Sit Down	7.00 DI:	
Tom M / SUB Com: H&I	7:00 PM	Gives out Basic Text to newcomers.Come get a book.
ROHNERT PARK Will to Survive	7:00 PM	Cowahinani
James G./ SUB Com: H&I	7:00PM	Cowabunga!
SANTA ROSA I.P.CLEAN	7:00 PM	We are a new literature discussion mosting. Comparing
Colton W	7.00 PIVI	We are a new literature discussion meeting. Come check us out!
SANTA ROSA Sweet Escape	7:30PM i	Nothing to report
Shona J/ SUB Com: Listening to NCCNA sp	peakers	товіну о торог
WINDSOR Come as you are	8:00PM	Nothing new
Nicole V Glen Ellen		9
Newcomers	8:00 PM	Nothing to report
Mario N		

THURSDAY City   Meeting   GSR	Time	Comments	
COTATI			
Toe Tapping Thursday Justin M / SUB Com: Activities; Programming	2:00 PM	Can use support	
Santa Rosa The Message Not The Mess Jason A	7:00 PM	Nothing to report	
SANTA ROSA Still III	7:00 PM	Still III 2nd Annual Speaker Jam. 9/22/24 from 10 am-2 pm. Problems: Low attendance.	
Megan S SEBASTOPOL Sleeping Tigers Christina N	7:30 PM	Nothing to report	
SANTA ROSA Primary Purpose Meeting Steve S.	8:00 PM	No report	
FRIDAY City   Meeting   GSR	Time	Comments	
SANTA ROSA Men's Friday Night Light Smitty	6:30 PM	Had the most awesome Danny S with 50 years chair last week. One of our founders-so grateful for men like him!	
COTATI If you come at 8, You're late Randy R.	7:00 PM	Meeting is doing well.	
SONOMA We Do Recover Gabe L	7:00 PM	Looking at rotating format	
PETALUMA Friday Night Action	7:00 PM	No report	
Lauren W SANTA ROSA Friday Night Fix-it Erin M / SUB Com: Activities; Women's	7:00 PM	Meeting is going good.	
Brunch; NCCNA Programming SANTA ROSA Multi-Cultural Naomi F	7:30PM	Pot luck at end of month @ 6:30 PM.	
SANTA ROSA Friday Night at the Park Kelcie W	8:00 PM	No report	
SANTA ROSA Black Friday Melyssa M.	10:30PM	No report	
SATURDAY			
City   Meeting   GSR	Time	Comments	
	Time 8;00 AM	Comments  Problems: Low attendance. Need a GSR. Need a treasurer.	
City   Meeting   GSR  SANTA ROSA Morning Miracle Sandra C PETALUMA Petaluma Clean Freaks			
City   Meeting   GSR  SANTA ROSA Morning Miracle Sandra C PETALUMA Petaluma Clean Freaks Jordan W SANTA ROSA The We Meeting Meg S / SUB Com: NAYC	8:00 AM	Problems: Low attendance. Need a GSR. Need a treasurer.	
City   Meeting   GSR  SANTA ROSA Morning Miracle Sandra C PETALUMA Petaluma Clean Freaks Jordan W SANTA ROSA The We Meeting Meg S / SUB Com: NAYC SONOMA Serenity Night Fever	8:00 AM 12:00 PM	Problems: Low attendance. Need a GSR. Need a treasurer.  Absent	
City   Meeting   GSR  SANTA ROSA Morring Miracle Sandra C PETALUMA Petaluma Clean Freaks Jordan W SANTA ROSA The We Meeting Meg S / SUB Com: NAYC SONOMA	8:00 AM 12:00 PM 7:00 PM	Problems: Low attendance. Need a GSR. Need a treasurer.  Absent  Nothing to report. Active meeting.	
City   Meeting   GSR  SANTA ROSA Morning Miracle Sandra C PETALUMA Petaluma Clean Freaks Jordan W SANTA ROSA The We Meeting Meg S / SUB Com: NAYC SONOMA Serenity Night Fever Seth HEALDSBURG Young at Heart	8:00 AM 12:00 PM 7:00 PM	Problems: Low attendance. Need a GSR. Need a treasurer.  Absent  Nothing to report. Active meeting.  Absent	
City   Meeting   GSR  SANTA ROSA Morning Miracle Sandra C PETALUMA Petaluma Clean Freaks Jordan W SANTA ROSA The We Meeting Meg S / SUB Com: NAYC SONOMA Serenity Night Fever Seth HEALDSBURG Young at Heart John / SUB Com: Activities  SUNDAY City   Meeting   GSR  PETALUMA	8:00 AM 12:00 PM 7:00 PM 7:00 PM 8:00 PM	Problems: Low attendance. Need a GSR. Need a treasurer.  Absent  Nothing to report. Active meeting.  Absent  Great meeting. Come check us out. Good coffee and good people.  Comments	
City   Meeting   GSR  SANTA ROSA Morning Miracle Sandra C PETALUMA Petaluma Clean Freaks Jordan W SANTA ROSA The We Meeting Meg S / SUB Com: NAYC SONOMA Serenity Night Fever Seth HEALDSBURG Young at Heart John / SUB Com: Activities  SUNDAY City   Meeting   GSR  PETALUMA I'm Clean Now What? Maryam K / SUB Com: PR SANTA ROSA Sunday Morning Mtg	8:00 AM 12:00 PM 7:00 PM 7:00 PM 8:00 PM	Problems: Low attendance. Need a GSR. Need a treasurer.  Äbsent  Nothing to report. Active meeting.  Absent  Great meeting. Come check us out. Good coffee and good people.	ed. We
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# The Voice of Recovery Newsletter Birthday List Sign up Form

If you are celebrating a year or more of clean time in the months of **December**, **January or February** and would like your name and clean date added to the birthday list in the next newsletter, enter your information below.

You may also e-mail it to: newsletter@sonomacountyna.org -or- contact News-letter by telephone: 707-324-4062 ext. 86. You can also submit writing, art-work, and poetry on the website.

GSRs: Please bring the completed forms to area, or email them.

Name	Clean Date	# of Years Clean
		State Constitution and a dispersion of the constitution of the con
retterk visual film til kommung utt til ett fra menne at visut stade til har de deve en visus sen av at stade e		
		The state of the s

# Holiday Marathon Meetings



2024

# Thanksgiving

First Meeting Starts Thursday Nov. 28th at 8:00 am Last Meeting Starts Thursday Nov. 28th at 8:00 pm

Meetings are every hour on the hour

Bring your Favorite Dish/Drinks/Dessert to share



## Christmas

First Meeting Starts Tuesday Dec. 24th at 8:00 pm Last Meeting Starts Wednesday Dec. 25th at 7:00 pm

Location:

Ray Miller Community Center 216 E. School St Cotati CA 94931

Any Questions Contact Activities Sub-Committee 707-324-4062 ext. 801

Note: Date and times have changed from prior year

Sonoma County Fellowship of Narcotics Anonymous Activities Sub-Committee





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750s Themen

# December 31st

Veterans Memorial Building 201 W Sierra Ave

Cotati CA 94931

Speaker Meeting 8:00 pm to 9:00 pm

Dance 9:30 pm to 1:00 am
Food, Drinks will be sold
Free Admission Donations Gladly Accepted

Scan QR Code To Submit Music Requests



(H)

Sonoma County Fellowship of Narcotics Anonymous Activities Sub-Committee