



# SCFNA AREA SERVICE COMMITTEE AGENDA – OCTOBER 2024

Welcome to the ASC Meeting!

Quorum: 28/46 with 43 present

**CALL TO ORDER:**

- a. Serenity Prayer
- b. Read 12 Concepts of Service; Read 12 Traditions.

**GSR COORDINATOR:**

**RECOVERY BIRTHDAYS:**

**ROLL CALL:**

39 yes / 4 against / 1 absent

**REPORTS (3 min unless otherwise noted).**

**NEWSLETTER:** New theme is Willingness. Deadline is Nov 14<sup>th</sup>. We need a co-editor and co-chair. We need events in March, April, and May.



**RCM / RCMII (8 MIN):** See Report

**ACTIVITIES:** Thanksgiving sign up sheets will be collected. Please encourage all members to make song requests in advance of New Year's Eve dance with provided QR code.

Update Flyers for new address; Karaoke night

**NAYC:** Nothing new to report.

**UNITY DAY:** Unity Day does not meet in November, elections in December

**H&I:** See Report

Murr Woods (boys) 1st + 3rd wed; Olympia House 1st + 2nd wed

**PR:** See Report

**WOMEN'S BRUNCH:** Women's Brunch is sold out! Women's Brunch is this Sunday Oct 20<sup>th</sup>. We were able to buy 15 newcomer tickets with the zip-pull fundraiser.

Sold out will be this Sunday

**OFFICE LIAISON:** All quiet on the western front.

**LITERATURE/ASST LITERATURE:**

Total literature purchased from the Regional Service Office (RSO) this month:	\$	<u>2005.21</u>
H & I Literature this Month:	\$	<u>599.98</u>
PR Literature this Month:	\$	<u>170.68</u>
Total literature sold at ASC this month:	\$	<u>1322.14</u>

**TECHNOLOGY COORDINATOR:** No report.

**AD HOC – TRADITIONS/CONCEPTS:** We have finished studying Tradition 4. We will be studying Tradition 5 on 10/23. We continue to meet every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month and anybody who wants to is welcome to join us.



**AD HOC – NCCNA PROGRAMMING:** Heartbeat of NA April 17<sup>th</sup> – April 20<sup>th</sup> 2025.

Convention is 6 months out – this month meeting is at 5pm. Normally, we meet @ 9am on the 3<sup>rd</sup> Sunday of each month and are continuing to listen to MP3s Pre-registration opens Oct 21<sup>st</sup>. Please turn in your sign up sheets.

**SECRETARY/ASST SECRETARY:** Quorum Announcement; Sept 2024 ASC Minutes and GSR Reports.

**VICE CHAIR:** will need a chair <sup>with notice for</sup> next month.

**CHAIR:** ~~not~~

**MEETING REPORTS (10 MIN):**

- Flyer from ASC has way year on it.
- Tue mens night out 6pm - mens breakfast Sat - Tuesday
- new meeting on <sup>a wake</sup> wednesday
- Only Day needs people.

**GROUP FORUM (20 MIN):** Budget Review / Questions

**TREASURER / ASST TREASURER:** See Report

**OLD BUSINESS:**

- Motion #2024-09-01:** To revise the ASC Guidelines page 14 § D Voting Procedures, number 7 & 8 to include the words "of votes cast, excluding abstentions,"
  - A simple majority of votes cast, excluding abstentions, will decide all regular business matters and elections, unless otherwise indicated by Parliamentary Procedures.
  - A two-thirds (2/3) majority of votes cast, excluding abstentions, shall decide policy matters, budgets, and Guideline changes after having been tabled until the next regular ASC meeting, Tabling is so that GSRs can take back to Groups to discuss and vote.

**Maker:** Kelly C. **Second:** Stephanie M.

**Intent:** The intent of this motion is to align our voting process with Robert's Rules of Order and eliminate confusion in our guidelines. We have been calculating majorities (51%) or two-thirds (67%) based on all members present, including those who abstain, which can block votes and does not follow Robert's Rules as referenced in our guidelines. This clarification specifies that votes should be calculated based only on the votes cast, excluding abstentions. This ensures abstentions do not affect the outcome and prevents future misunderstandings about their impact to the final vote.

**RESULT:**

**NEW BUSINESS:**

**Close the meeting:**

- Thank the coffee maker. **Volunteer for Next Month:**
- Adjourn and close in the usual manner.



SCFNA TREASURER REPORT  
~~OCTOBER~~ SEPTEMBER 2024  
 PRELIMINARY



		Receipts	Expenses	Balance
<b>Beginning Check Book Balance as of Sep 19, 2024</b>				\$ 5,781.97
<b>August Receipts</b>				
Contributions Received at Area Service Meeting		\$ 2,394.56		
7th Tradition @ ASC		\$ 62.00		
Literature Sold @ ASC		\$ 707.25		
Activities		\$ 26.87		
<b>Total August Receipts</b>		<b>\$ 3,190.68</b>		
<b>August Expenses:</b>				
Freedom Voice / PR Phone line-Aug 2024(ACH)			\$ 35.48	
Zoom Room- Sep 2024 (Paypal)			\$ 15.99	
Sonoma County Fair-Vets Bldg Use Fee- Oct 2024				
ASC: Lombardi Properties-Area Office- Oct 2024			\$ 800.00	
NCRSO-Meeting Literature Sep 2024			\$ 561.66	
NCRSO H & I Literature- Sep 2024			\$ 588.98	
NCRSO PR Literature-Sep 2024			\$ 196.99	
PG&E-Aug 2024			\$ 85.85	
David Reichard-Office WiFi Sep 2024			\$ 25.00	
NCRSC Contribution- Sep 2024			\$ 50.00	
Lisa Cassidy (GSR White Books-ASC)			\$ 17.10	
The Pressman (Newsletter Fall Edition)			\$ 317.00	
The Pressman (PR Schedules)			\$ 178.08	
<b>Total Sep 2024 Expenses</b>			<b>\$ 2,872.13</b>	
<b>Checkbook Balance as of Oct 31, 2024</b>				<b>\$ 6,100.52</b>
Less Prudent Reserve				\$ (9,117.00)
<b>September 2024 Month End Working Balance</b>				<b>\$ (3,016.48)</b>
<b>Beginning Check Book Balance Oct 1, 2024</b>				<b>\$ 6,100.52</b>
<b>Current Month's Receipts</b>				
Contributions Received at Area Service Meeting	1	11020.19		
7th Tradition @ ASC	2	53.00		
Literature @ ASC	3	1322.14		
	4	92.40		
<i>Journal entry for PG&amp;E error in ledger</i>				
	5			
	6			
<b>Total Current Month Receipts to Date:</b>	7	<b>3087.73</b>		
<b>Current Month Expenses:</b>				
PG&E- Sep 2024			\$ 72.88	
Freedom Voice / PR Phone line- Sep 2024 (ACH)			\$ 35.73	
Zoom Room-Sep 2024 (Paypal)			\$ 15.99	
Sonoma County Fair- Vets Bldg Use Fee- Oct 2024			\$ 137.50	
ASC: Lombardi Properties- Area Office Rent- Oct 2024			\$ 823.00	
NCRSO Meeting Literature-Oct 2024			\$ 1,234.57	
NCRSO H & I Literature- Oct 2024			\$ 599.98	
NCRSO-PR Literature Aug 2024			\$ 170.66	
David Reichard-Office WiFi- Oct 2024			\$ 25.00	
NCRSC Contribution	8	50		
	9	357.72		
<i>receipts presented &amp; paid</i>				
	10			
	11			
	12			
	13			
<b>Total Current Month Expenses to Date</b>	14	<b>3523.03</b>		
<b>Checkbook Balance as of October 17, 2024</b>	15	<b>5665.22</b>		
Less Prudent Reserve				\$ (9,117.00)
<b>Working Balance to Date</b>	16	<b>-3,451.78</b>		





**NARCOTICS  
ANONYMOUS**

# **Sonoma County Narcotics Anonymous Presents**

## **Struggling With Addiction Join us!**

The first Narcotics Anonymous meeting in Sonoma County was started in Cotati during 1968.

Now there are multiple meetings each day in Sonoma County. Our Area fellowship is part of the Northern California Region which has 23 Areas facilitating over 1400 meetings per week.

**"Starting Over"  
Meeting on  
November 6th**

Open Meeting

When: Wednesday Nights

Time: 6 PM - 7PM

Where: 2542 Old Stony Point Rd

Santa Rosa, CA 95407

Community Room



[sonomacountyna.org](http://sonomacountyna.org)



2025 SCFNA Area Service Committee Budget Request				
Expense Description	2024 <del>2023</del> Approved Budget	10/1/2023 through 9/24	2025 Requested	Change in Budget
Rent-Vets Bldg for Area Service	\$ 1,800.00	\$ 1,375.00	1,800.00	0%
Vets Bldg-2022 Processing Fee	\$ 125.00	\$ 125.00	125.00	0%
Rent-Rohnert Park Office	\$ 9,600.00	\$ 9,600.00	9,876.00	3%
PG&E-Rohnert Park Office	\$ 900.00	\$ 751.30	1,000.00	11%
NCRSO-Vets Bldg Addl Named Ins	\$ 40.00	\$ -	40.00	0%
Secretary Supplies/ Copies	\$ 400.00	\$ 232.56	400.00	0%
Treasurer Supplies/Copies	\$ 350.00	\$ 209.41	350.00	0%
RCM Copies/Miles	\$ 500.00	\$ 189.07	500.00	0%
New GSR Packets	\$ 200.00	\$ 17.10	200.00	0%
Coffee Supplies	\$ 200.00	\$ 200.21	200.00	0%
Zoom Room	\$ 180.00	\$ 191.88	200.00	11%
NA Office Wifi	\$ 300.00	\$ 300.00	300.00	0%
NA Office Printing	\$ 500.00	\$ -	500.00	0%
Misc.	\$ 150.00	\$ 274.11	300.00	100%
Literature Supplies (Misc IS for bags, prnky, etc.)	\$ 200.00	\$ 18.60	200.00	0%
Contingency/Emergency	\$ 2,000.00	\$ -	2,000.00	0%
Post Office Box	\$ 200.00	\$ 200.00	225.00	13%
Monthly Contribution to NCRSC (Region)	\$ 600.00	\$ 818.30	600.00	100%
	<b>ASC Subtotal</b>	<b>\$ 18,245.00</b>	<b>\$ 14,502.54</b>	<b>18,816.00</b>
<b>Total</b>	<b>\$ 18,245.00</b>	<b>\$ 14,502.54</b>	<b>\$18,816.00</b>	<b>3%</b>

Total Expenses 10/1/23-9/30/24 for ASC and subcommittees paid by ASC, plus Meeting Literature:

ASC	\$ 14,516.16
Public Relations	\$ 8,056.10
H&I	\$ 4,868.17
Newsletter	\$ 1,320.69
<b>TOTAL</b>	<b>\$ 28,761.12</b>

NEW PRUDENT RESERVE: 3 months/12 months estimated expenses **\$ 7,190.28**



*add money  
\$125 per  
outreach*

2025 SCFNA Public Relations Budget Request				
Expense Description	2024 Approved Budget		2025 Requested	Change in Budget
Phoneline	600.00	<i>look online</i>	660.00	10%
Schedules & Printing	2,700.00		3,000.00	11%
IT Infrastructure (Web Hosting, etc.)	500.00		750.00	50%
Outreach materials to attract new members	200.00		1,000.00	400% * See "Area Inventory" - Attracting New Members
Public Fairs	300.00		0.00	-100%
Supplies	250.00		75.00	-70%
Training	250.00		100.00	-60%
Misc	500.00		250.00	-50%
Literature	4,000.00		5,066.00	27% * See "Adopt-A-Rack" Plan
<b>Total</b>	<b>\$9,300.00</b>	<b>\$0.00</b>	<b>\$10,901.00</b>	<b>17%</b>

**SCFNA Area "Adopt-A-Rack" Plan - Literature Rack Public Outreach**

2025 BUDGET REQUEST (Grow to 90 Racks)					
Quarter	Jan-Mar 2025	Apr-Jun 2025	Jul-Sep 2025	Oct-Dec 2025	Totals
<b>RACKS</b>					
Cost (Rack purchases & Monthly Literature to	\$872	\$953	\$1,544	\$1,698	\$5,066
# of Racks	65	70	80	90	90
# of New Racks Added	4	6	4	6	20
% Growth of Racks		8%	14%	13%	38%



### 2025 SCFNA Unity Day Budget Request

Expense Description	2024 Approved Budget	2024 Expenses	2025 Requested	Change in Budget
Entertainment	\$4,000.00	\$2,000.00	\$4,000.00	0%
Facility	\$6,000.00	\$4,023.00	\$6,000.00	0%
Food and Supplies	\$6,000.00	\$ 5,779.32	\$7,000.00	17%
Gifts and Awards	\$200.00	\$ 110.98	\$200.00	0%
Insurance	\$150.00	\$ 120.00	\$150.00	0%
Merchandise	\$3,000.00	\$1,051.48	\$3,000.00	0%
Printin/Tickets/Badges	\$200.00	\$ 337.97	\$600.00	200%
Miscellaneous	\$2,000.00	\$ -	\$2,000.00	0%
				0%
				0%
				0%
				0%
<b>Total</b>	<b>\$21,550.00</b>	<b>\$13,422.75</b>	<b>\$22,950.00</b>	<b>6%</b>



## 2025 SCFNA Women's Brunch Budget Request

Expense Description	2024 Approved Budget	Expenses 9/23 through 8/24	2025 Requested	Change in Budget
Facility Fee	\$1,000.00	\$1,000.00	\$1,000.00	0%
Brunch Dining	\$6,000.00	\$6,511.60	\$7,000.00	17%
Insurance	\$100.00	\$40.00	\$50.00	-50%
Newcomer Items	\$700.00	\$635.00	\$700.00	0%
Table Swag	\$1,500.00	\$900.00	\$1,500.00	0%
Merchandise	\$2,500.00	\$1,250.00	\$2,000.00	-20%
Bank Fees	\$45.00	\$0.00	\$45.00	0%
Misc Supplies	\$50.00	\$0.00	\$200.00	300%
Misc Expense	\$250.00	\$276.84	\$350.00	40%
Gratuity	\$750.00	\$800.00	\$900.00	20%
Printing	\$250.00	\$300.00	\$300.00	20%
<b>Total</b>	<b>\$13,145.00</b>	<b>\$11,713.44</b>	<b>\$14,045.00</b>	<b>7%</b>





**2025 SCFNA Activities Budget Request**

Expense Description	2024 Approved Budget	Expenses 9/23 through 8/24	2025 Requested	Change in Budget
Rent/Deposit*	\$12,000.00	\$7,741.92	\$10,000.00	-17%
Entertainment	\$1,500.00	\$1,000.00	\$1,500.00	0%
Event Supplies/Decorations/Child Activities	\$5,000.00	\$2,859.23	\$5,000.00	0%
Flyers/Brochures	\$600.00	\$179.91	\$500.00	-17%
Merchandise	\$1,000.00	\$0.00	\$1,000.00	0%
Pre-sale Tickets	\$400.00	\$56.13	\$200.00	-50%
Misc Expenses	\$1,400.00	\$567.09	\$1,000.00	-29%
Insurance	\$400.00	\$320.00	\$400.00	0%
Misc Equipment	\$200.00	\$73.20	\$200.00	0%
Bank Fees/Checks	\$125.00	\$10.00	\$100.00	-20%
<b>Total</b>	<b>\$22,625.00</b>	<b>\$12,807.48</b>	<b>\$19,900.00</b>	<b>-12%</b>

## Oct ~~2014~~ H3I

Juv Hall - 2 open positions 1<sup>st</sup> sat 10am & 11am  
Creekside - Going well  
MADF Men - Going well  
MADF Women - Going well  
Muir Wood Men - 2 open positions 1<sup>st</sup> & 3<sup>rd</sup> Friday  
Muir Wood Women - Going well  
Olympic house - 1 open position. 2nd wed  
Pura Vida - Going well

Literature \$599.98

We voted Yes on the motion to change the verbage "votes cast excluding abstentions"

All shirts sold. \$900~~00~~

Budget next month (submitted)

## 2024-0815 RCM SCFNA REPORT TO ASC

RCM Report to the Sonoma County Fellowship



ASC Date: Oct 17, 2024

RSC Date: Oct 12, 2024

RCM1: Mark S

RCM2: Kelly C



**ANY QUESTIONS?** Don't hesitate to call 707 324-4062 x810 or email at [scfna-rcm1@ncrsc.org](mailto:scfna-rcm1@ncrsc.org)

***Your questions and concerns matter. Reach out to your Group Service Representative (GSR) and Regional Committee Member (RCM) for assistance at any level. "Our fellowship has no authoritarian hierarchy...NA service is the collective responsibility of our fellowship as a whole." —Tradition 12, It Works: How and Why***

### **EVENTS & WHAT'S HAPPENING IN OTHER AREAS:**

#### **American River (<https://sacramentona.org>):**

- ARANA "Recovery is a BOO-tiful Thing" Fall event and Speaker Meeting". October 26. 2024 6pm to 10pm  
5325 Engle Rd, Carmichael

#### **Contra Costa (<https://www.contracostana.org/>):**

- H&I and PR need trusted servants.

#### **East Bay North & East Bay Central & Mission Peak (<https://www.naalamedacounty.org>):**

- **Holiday Party Speaker Jam & Cookie Decorating:** Dec 14<sup>th</sup> 12pm – 6m 38631 Fremont Blvd, Fremont CA
- **October 26<sup>th</sup> Ghostly Gala/Taco dinner:** 6pm – 11pm 4481 East Ave Livermore CA \$10

#### **Greater San Jose (<https://www.sjna.org>):**

- **Sponsor-Sponsee Dinner:** Saturday November 2nd at 5:30pm, 1980 Hamilton Ave, San Jose.
- **PR Brunch Speaker Day:** November 9th, 2024 at 11:30am - 2pm. Food is provided. 16548 Ferris Ave, Los Gatos
- **Narathon:** December 24th and 25th, 1200 Blossom Hill Road, San Jose.

#### **Marin County (<https://www.marincountyna.org>):**

- H&I service positions available for San Quentin, jail, CenterPoint women's facility (must come to 3 H&I meetings in a row)

#### **Monterey**

- **MBCNA CONVENTION "Anchored in Recovery"** January 25th-27th 2025, \$45 pre-registration and \$55 at the door. Preregistration is open: <https://mbcna.org/>

A promotional graphic for the Monterey Bay Convention of Narcotics Anonymous (MBCNA X). The text reads: "Monterey Bay Convention of Narcotics Anonymous MBCNA X Anchored In Recovery January 17th -19th, 2025". Below the text is a QR code. To the right of the QR code is the MBCNA logo, which consists of the letters 'NA' inside a circle. Below the logo, the text says "Click Here for Hotel Reservations or call 1-800-228-9290".

- **Monterey H&I Learning Day PI Presentation:** Oct 26 2024 10am 2pm 98 Kip Drive Salinas CA 93907
- **Sponsor/Sponsee Spaghetti Dinner:** Sat Nov 02, 2024 4pm 9pm Spreckels Veterans Memorial Building 90 Fifth Street, Spreckels CA 93962 tickets \$15



## 2024-0815 RCM SCFNA REPORT TO ASC

**Napa/Solano:** (<https://www.napasolanona.org>)

- **Halloween Dance:** October 26, 2024, 5:30 – 10:30pm at 2800 Georgia Street, Vallejo, CA.
- Discussion about New Year's Party - Much concern about general attendance, volunteers. if activities does not receive support they may not move forward with the NYE dance.

**Lake County:** (<https://www.nalakecounty.org>)

- No Report

**Peninsula** (<https://www.peninsulana.org/>):

- **Unity Day 2024:** Nov 9th at 751 Alameda de las Pulgas in Belmont.

**Sacramento Fellowship** (<https://sites.google.com/sacfna.org/>):

- **Keeping it Real, Speaker Jam II:** Saturday, October 26th 5:30-8 pm, 2620 Capitol Ave, Sacramento CA 95816
- **16th Annual Sacramento Men's Breakfast,** Saturday, November 2, 2024, Ticket \$20.00/each 9 am-1 pm. Robertson Community Center. 3525 Norwood Ave, Sacramento, CA 95838
- **Thanksgiving Narathon,** Wednesday, November 27th 5:00 pm- Thursday, November 28th at 10:00 pm 7595 Center Parkway, Sacramento, 95823
- **H&I:** Sacramento County Jail: one volunteer was asked to surrender his badge for violating one of the items in the Do's and Don'ts.

**San Francisco:** <https://www.sfna.org>

- No Report

**Santa Cruz:** [www.santacruzna.org](http://www.santacruzna.org)

- **Helpline Training Day:** Oct 26<sup>th</sup> from 12 – 2pm
- **Halloween Dance:** Oct 26<sup>th</sup> 2024
- Have system for members to register to receive text announcements: text RECOVERY (831)777-8643. All announcements are reviewed by PR prior to sending.

**Shasta Trinity Area** <https://www.shastana.org>

- **Halloween Dance:** Oct 25<sup>th</sup> 2024 7:30pm 1050 State St. Redding CA

**Sierra Foothills:** [www.sfana.org](http://www.sfana.org)

- **H&I FUNraiser:** Oct 26<sup>th</sup> 2024 3:30-8pm Oddfellows Hall 1226 ½ Lincoln Way Auburn, CA 95603 \$20

**Celebrating 25 Years!**

**TAC-CONVENTION**  
JANUARY 17, 18, 19 2025  
EUREKA, CA

**REGISTRATION OPEN NOW!!**  
<https://www.tac-convention.com>  
Click on text to go to registration web page

- Main speakers
- Men & Women's Meetings
- LGBTQIA+ Meetings
- Topic Meetings
- Marathon Meetings
- Hospitality
- DJ Dance
- Comedy Show
- Drag show & Karaoke
- Pinochle Tournament
- Domino's

QR code for registration

**OTHER STUFF FROM REGION**

**RSC Elections:**

Interested in Regional Service, fill out Service Resume and attend next Region at 3pm. See more info here: <https://norcalna.org/regional-service-opportunities-2> Two(2) Board seats are available.

**RD/AD/NAWS Update:** Interim Car/Cat which will be published and released. November 28, 2024. RD's attending the WSLD in Oct and will have report next month. WCNA lost money due to a lower than expected turn out. They planned for 24,00 attendees and only 18,20 [including 1206 new comers]. Final convention numbers are still being calculated.

**H&I:**

Sponsorship behind walls will be focused on length of sentence not type of institution (i.e., jail vs. prison)

**PR:**

Regional PR wants to attend National Association of Social Workers-California Chapter Conference in Oakland on November 8, 2024.

**RCC (Regional Communication):** New RCC Elected. Position filled by member of Sonoma County Fellowship. Thanks GSRs and other members for spreading the word and helping to fill positions at Region.

**NCCNA:** Entertainment for NCCNA 46 (ex. Murder Mystery, Yoga class, Battle of the Bands, Ice Cream Social), Registration Vice Chair filled – 4 open positions remain.

**Forum Topics:**

**Interim CAR/CAT Planning:** Let's see what's on it, to see what we do with it. RD will email the world contact. Interim CAR/CAT is not in the guidelines.

**Insurance Topic:** Will compile a list of insurance providers that other areas have used for Event insurance. Areas are still encouraged to contact the Regional Insurance Broker, since they are a Broker and can shop around for us.

**NCCNA donation budgeting:** How will the NCCNA costs get captured in our budget? Insurance payment and RSO subsidy are two largest expenditures.

**Motions:**

The budget will be sent to the areas for approval 90 days or 3 RSCs prior to the date needed for approval at the RSC. This timeline will allow areas time to gather group/area votes on the RSCs next fiscal year's annual budget. –

FAILED

To encumber \$4000 of the proposed NAWS donation for PR/H&I equipment and literature upgrades.- PASSED

Motion to encumber \$10,000 to cover any potential increase in our Regional meeting Insurance premium. –

FAILED

To allow H&A to move forward with the newly updated guidelines to carry on the work directed for this body.-

TABLED