



## Sonoma Online NA Business Meeting 28FEB2021

**Treasurer Report:** From 2/1/2021 – 2/28/2021

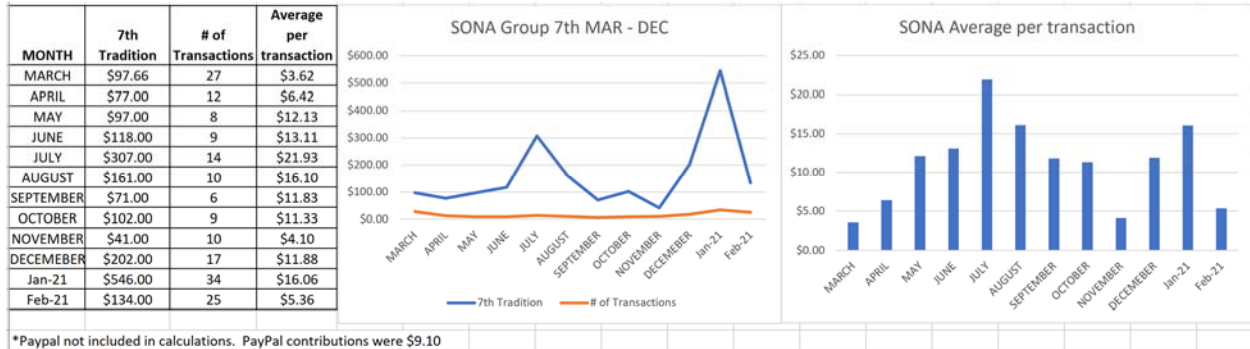
**DONATED:** \$694.50 to area in FEB

**FUNDS IN BANK (includes prudent reserve):** \$245.35 as of 2/28/2021

**PRUDENT RESERVE (included in bank):** \$100

**MONTHLY EXPENSES:** \$44.97 Zoom + \$6.00 Bank Fee = \$50.97

**FUNDS AVAILABLE TO GROUP: \$94.38**



### GSR Report:

#### Area Service Report 2/18/2021

RCM-Looking into making a basic text study guide

Activities- No report

NAYC- Meeting third Monday of every month at 6:30, they need a secretary

H & I- No literature ordered this month. Jail, Creekside (NEED SPEAKERS) and Turning point are looking to open up zoom meetings again. There are several positions available

PR-Phone line needs help.

Newsletter- positions are all filled, they are starting the summer edition. They are looking for newsletter submissions. Can submit electronically

Unity Day-No report

Women's brunch-speaker jam event was successful. They are looking to possibly have another event in April

Men's breakfast- meets first Saturday of the month on zoom at 9am. Planning to have breakfast Oct 16<sup>th</sup>

Secretary- she uploaded the minutes on the sonomacountyNA.org website

Assistant Secretary-no report

Chair- no report

Vice chair- no report

Literature-no report

Virtual Event- Spirit of unity April 2<sup>nd</sup> and 3<sup>rd</sup>. [https://norcalna.org/virtual\\_event.php](https://norcalna.org/virtual_event.php)



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**NORTHERN CALIFORNIA REGION  
OF NARCOTICS ANONYMOUS**

**IN THE SPIRIT  
OF UNITY**

**FRIDAY-SATURDAY**      **APRIL 2-3, 2021**      **MEETINGS ALL DAY**

**2 ROOMS EACH DAY**  
NORCAL ROOM: 829-4856-2468  
MAIN ROOM: 828-3932-2688  
PW: norcal

**UNPLUGGED**  
**COMEDY WITH MARK L.**

For more info:  
[www.norcalna.org](http://www.norcalna.org)

NA HISTORY  
H&I  
OG MTG  
LGBTQ+  
MEN'S/WOMEN'S  
YOUNG PEOPLE  
& OTHER VARIOUS TOPICS

**OLD BUSINESS:**

**Sounds of Recovery:** Jan SONA group consensus was if they want to join by using the Sonoma Online Group resources, they are able to do so. They had their meeting's group conscience and are now using the Sonoma online login with the ID [4SonomaOnlineNA@gmail.com](mailto:4SonomaOnlineNA@gmail.com) account.

Will be added to the schedule section of website.

**Zoom Training:**

- Put guide together still needed – Jeff is tasked with this.
  - Create a standard written protocol for all meetings approved by the group conscience.
    - Create an Ad-hoc committee to create the training guide/protocol/tips & tricks.
      - Use the Wait Room
      - Don't Let People Rename Themselves.
      - Get readers ahead of time so you can keep it muted



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- Only give guide with credentials once they hold and elected position with the group (DO NOT SHARE WITH ANYONE NOT ELECTED)
- Have a scheduled training with a sign-up for people.(Just show up if available)
  - 2:00PM the last Saturday of the month = 1 hour training session  
<https://us02web.zoom.us/j/82479546683?pwd=bk9mRVJyMDJjSnFCcTIJcHNOMVBwUT09>  
Meeting ID: 824 7954 6683 Passcode: 1953
  - It was really cool, there were at least 3 people who attended and a couple more advanced folks to help guide. Very collaborative and rewarding. If you have zoom skills and want to be of service join the training to help others.
- Potentially have a recording of how to co-host or secretary that people can review.
  - If there are already videos showing how to operate zoom, why should we make our own? If it is specific for the settings in our meeting then it might be of benefit.
    - Yes – that would be helpful if its not a big deal to make it.
    - Add something to the schedule to email to schedule another time to train.
    - Keep @ 2pm for now and follow-up next month to see if it still works.

### **NEW BUSINESS:**

**Contribution to Area for MAR:** \$94.38

**Co-Host positions are important:** Zoom Training mandatory?

Concept 4: "Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants. "

Have outgoing host help train the incoming host – it really helps.

Possibly have multiple co-hosts,

Pool of co-hosts:

- Mike would like to be in this pool as a back-up to help fill in.

**Elections:** Saturday Night 7pm Co-Host: Brandon is co-host. Jimmy will help support Brandon is his new position.

Traci Secretary Wed night 7pm

Liliana Co-Host Thursday night

Brandon Thursday Noon Co-Host